



Bright Horizons at USAA CDC Colorado

From the Director

Welcome 2019! Something to think about....This will be the last “teen” year we will experience.

In the New Year, please be sure your child has at least 2 changes of weather appropriate clothing in his/her cubby.

As per Colorado Licensing Rules and Regulations: classrooms are required to go outside, except during inclement weather, for at least 60 minutes per day. Generally, classrooms will go outside if it's 30 degrees or warmer. When it's too cold or too hot, we limit the time classrooms can be outside, but they will still go outside. Please plan to dress your child appropriately for outside play with coats, hats, mittens/gloves and even boots.

Every January Bright Horizons invites parents to participate in a Parent Satisfaction Survey. The survey will become available beginning January 2nd and run through January 31, 2019. See the section **“2019 Parent Satisfaction Survey”** on the fourth page for the link.

Don't forget to mark your calendars for our monthly craft night on January 24, 2019 from 4:00 p.m. to 6:00 p.m.!

Happy New Year!!!

Important Dates

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| 1/1/2019: | Center is Closed |
| 1/21/2019: | Martin Luther King Jr. Day |
| 1/24/2019: | Parent/Child Craft Activity (4:00pm-6:00pm) |

Reasons to Celebrate

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| 1/4: | Hayley turns 1 ! |
| 1/13: | Layton turns 4! |
| 1/18: | Austin turns 5! |
| 1/24: | Michael turns 1! |
| 1/27: | Kadence turns 3! |



Infant

Science Rocks helps infants begin the process of discovery. Isaac explores the activity block; listening to the sounds and feeling the textures of the buttons. When the infants participate in active exploration, **they learn to** use their senses to explore the properties of an object. **They learn it by** using safe toys and materials with varied textures, smells, tastes, and sounds.



Toddler

Toward a Better World introduces complex concepts, guided by teachers who model respect and encourage children to reflect on themselves, their peers, and the world they live in. The toddlers have loved watching the “diggers” outside their windows. They have gone on several walks to watch them work. When the toddlers begin to understand the world around them, **they learn to** understand features of their neighborhood and communities. **They learn it by** watching the construction workers move dirt and build on the campus.



Transition

Language Works offers a comprehensive approach that thoughtfully and intentionally addresses all aspects of language and literacy. Josiah and Charlotte sit and read books in the fort they built during open center time. When the two year olds participate in pre-reading skills, **they learn to** increase their vocabulary. **They learn it by** exploring books quietly on their own.



Preschool

Science Rocks expands on preschoolers’ innate interest in science by ensuring they have a myriad of meaningful scientific opportunities to explore. During open center time, Cooper explored the green goop as he placed it into the basket and watched it ooze through the holes onto a tray. He said, “I like how it looks when it goes through the basket.” When the preschoolers use tools for investigation and discovery, **they learn to use** independently seek information. **They learn it by** using different items around the room to explore the green goop.

Giving Gifts from the Heart

Have you considered that generosity is a learned behavior that delights the givers as well as the receivers? By making gifts and cards for others, children experience the intrinsic joy of giving something they have created.

It's easy for adults to decide what to make and which materials to use. But remember, this is an offering from children. Within the realm of available resources, help them develop their ideas. Inspire their thoughts about the recipient. "What do you think you'd like to make for Aunt Alice?" "What does she like to do?" Remember, it's what children create that counts; suggest they draw pictures and dictate their sentiments.

In addition to family and friends, think about people beyond those we typically hold near and dear to us. Cards, artwork, and crafts made by children are a heartfelt way to say you care and show appreciation to military personnel, firefighters, police officers, librarians, residents in nursing homes, and others in the community.

Children are very resourceful and might have their own ideas for gifts. Below are a few simple gift suggestions to consider:

Picture frames

Children glue four wooden tongue depressors together to make a frame and then decorate the frame with paint, and add recycled materials such as odd puzzle pieces, small pieces of paper or fabric, and twigs. Be aware of choking hazards with young children.

Decorative boxes

Children paint recycled or purchased wooden/cardboard boxes and then decoupage photographs from magazines or photos of themselves onto the surfaces.

Sculptures

Children can create sculptures using commercial or home-made clays, wood, or recycled objects. Be sure to have lots of glue on hand.

Paper holders

These might be as simple as finding a unique rock, painting it, and using glue to attach a clothespin. A second option is to glue wood scraps together, paint the sculpture and add one or two clothespins to the top.

Planters

Children paint pots and use Mod Podge (purchased at a craft shop) to attach colorful tissue paper (cut into small squares). Another option is to use photographs and pictures from magazines.

Jewelry

Children make necklaces or bracelets by stringing commercial or homemade beads. They can create pins by gluing found objects (such as loose puzzle pieces or Legos) to a pin back and painting over the creation.

2019 Parent Satisfaction Survey

We value your feedback!

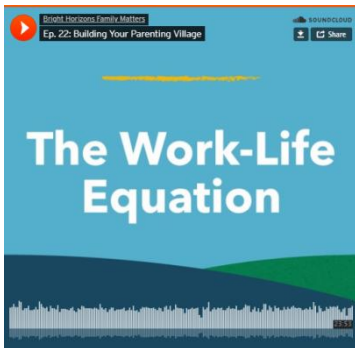
Each year, we ask families to give us important feedback and opinions about our center. This information helps us assess our strengths, and identify areas for improvement. We are truly committed to providing the highest quality education for your child and we believe that every opinion counts.

The survey is available from January 2nd – 31st. Please take a few moments to share your thoughts!

brighthorizons.com/parentsurvey

Featured Parenting Podcast Episode

Building Your Parenting Village



Overwhelmed by working parenthood? Stop trying to do it all alone. “People say I need help, but I don’t know where to get it,” says our guest Daisy Dowling. Get Daisy’s tips on who to ask for help, how to rally your village of volunteers, and why her secret isn’t doing more — but getting more done.

Ep. 22: Building Your Parenting Village

brighthorizons.com/bhpodcastep22

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Monday – Friday 6:30 a.m. to 6:30 p.m.

