

May 2018

Bright Horizons at Spotswood

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Grilled Chicken Nuggets Broccoli Pears	2 Whole Grain Pizza Corn Mandarin Oranges	3 Whole Grain Lasagna Carrots Pineapple	4 Turkey and Cheese Pinwheels Assorted Veggie Applesauce	5
6	7 Turkey Meatballs on Whole Grain Bun Green Beans Peaches	8 Chicken Teriyaki Brown Rice Peas Tropical Fruit	9 Baked Ziti with Whole Grain Penne Peas & Carrots Pears	10 Beef Tacos on Whole Wheat Tortilla Black Beans Pineapple	11 Assorted Lunch	12
13 Mothers' Day	14 Cheese Tortellini Broccoli Peaches	15 Salisbury Steak Carrots and Peas Fruit Cocktail Ramadan Begins	16 Whole Wheat English Muffin Pizza Assorted Veggie Apricots	17 Whole Grain Macaroni and Cheese Green Beans Assorted Fruit	18 Chicken Fajitas on Whole Wheat Tortilla Black Beans Pineapple	19
20	21 Beef Stroganoff with Whole Grain Noodles Peas Tropical Fruit	22 BBQ Chicken Breast on Whole Wheat Bun Corn Applesauce	23 Turkey and Cheese Wraps Assorted Veggie Pears	24 Assorted Lunch	25 Hamburger on Whole Grain Bun Broccoli Fruit Cocktail	26
27	28 CENTER CLOSED Memorial Day	29 Cheese Quesadillas Black Beans Pineapple	30 Grilled Chicken Nuggets Green Beans Pears	31 Turkey Meatballs on Whole Grain Bun Carrots and Peas Peaches		