



presents

---



# SPRING TRAINING CAMP AMSTERDAM

Saturday **May 7th**, 2022

---

**Sportcentrum Caland**  
Eliza van Calcarstraat 2 **1068 RR** Amsterdam



# SPRING TRAINING CAMP AMSTERDAM

## Trainers / Coaches



Christian Grüner  
(Germany)



Nabil Ou-Aissa  
(Netherlands)

Time	Dojo 1	Dojo 2
	Group 14+	Group u14
10.30-12.00	Athletics & Coordination	Technique & Tactics
12.00-13.30	Lunch	Lunch
13.30-15.00	Technique & Tactics	Athletics & Coordination
15.00-18.00	Test Matches	Test Matches

## Entry Fee

1 session: € 25,- ▪ 3 sessions: € 60,- ▪ Lunch: € 10,-

## Registration

By e-mail ([info@fightinnabil.nl](mailto:info@fightinnabil.nl)) or WhatsApp (+31 6 - 53 97 05 16)

The event team cannot accept responsibility for any such injury, loss or accident arising from your participation in our event and ask that you are aware, agree and accept this by entering or giving permission to enter this Camp.

