

MENUS – MAY 2018

2 Week of 04/30/18 – 05/04/18	AM Snack	Lunch	PM Snack
Monday	Oyster Crackers Cheese Slices Juice	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
Tuesday	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
Wednesday	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
Thursday	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
Friday	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

3 Week of 05/07/18 – 05/11/18	AM Snack	Lunch	PM Snack
Monday	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
Tuesday	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
Wednesday	Diced Cantaloupe with Strawberries Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Gorp (Cereal, Raisins, Choc. Chips) Milk
Thursday	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
Friday	Cinnamon Raisin Bagel With Cream Cheese Juice	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

MENUS – MAY 2018

4 Week of 05/14/18 – 05/18/18	AM Snack	Lunch	PM Snack
Monday	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Orange Slices Milk	Celery Sticks Raisins Sun Butter Water
Tuesday	Bran Muffins Cheese Slice Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Whole-Grain Breadstick Carrot Sticks and Cucumbers with Yogurt Dip Water
Wednesday	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
Thursday	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
Friday	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli, Cauliflower & Carrots Pears Milk	Graham Crackers Yogurt Water

5 Week of 05/21/18 – 05/25/18	AM Snack	Lunch	PM Snack
Monday	Cornbread with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Animal Crackers or Vanilla Wafers Milk
Tuesday	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
Wednesday	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
Thursday	Oatmeal Raisins Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Juice
Friday	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

MENUS – MAY 2018

⁶ Week of 05/28/18 – 06/01/18	AM Snack	Lunch	PM Snack
Monday	CLOSED FOR MEMORIAL DAY		
Tuesday	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets Peaches Milk	English Muffin with Melted Cheese Juice
Wednesday	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
Thursday	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
Friday	Wheat Toast with Butter Milk	Mozzarella Bake (Pasta, Marinara, Cheese, Pepperoni) Broccoli and Cauliflower Tropical Fruit Salad Mix Milk	Cottage Cheese Peaches Water

MENUS – JUNE 2018

7 Week of 06/04/18 – 06/08/18	AM Snack	Lunch	PM Snack
Monday	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
Tuesday	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
Wednesday	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
Thursday	Oatmeal Squares Milk	Sun Butter and Jelly on Wheat Bread Raw Broccoli and Cauliflower Mixed Fruit Milk	Orange Slices Wheat Thins Milk
Friday	Boiled Eggs Saltines Juice	Chicken and Cheese Quesadilla Cooked Carrots Apple Slices Milk	Soft Pretzels Marinara Sauce Water

8 Week of 06/11/18 – 06/15/18	AM Snack	Lunch	PM Snack
Monday	Biscuits and Jelly Milk	Shepherd's Pie Beets Peaches Milk	English Muffins with Melted Cheese Water
Tuesday	Tortillas with Cream Cheese Berries Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
Wednesday	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
Thursday	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
Friday	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

MENUS – JUNE 2018

1 Week of 06/18/18 – 06/25/18	AM Snack	Lunch	PM Snack
Monday	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
Tuesday	Cereal Milk	Tuna on Pita Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
Wednesday	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
Thursday	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
Friday	Oatmeal Squares Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Juice

2 Week of 06/25/18 – 06/29/18	AM Snack	Lunch	PM Snack
Monday	Oyster Crackers Cheese Slices Juice	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
Tuesday	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
Wednesday	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
Thursday	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
Friday	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

MENUS – JULY 2018

3 Week of 07/02/18 – 07/06/18	AM Snack	Lunch	PM Snack
Monday	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
Tuesday	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
Wednesday	CLOSED FOR INDEPENDENCE DAY		
Thursday	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
Friday	Cinnamon Raisin Bagel With Cream Cheese Juice	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

4 Week of 07/09/18 – 07/13/18	AM Snack	Lunch	PM Snack
Monday	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Orange Slices Milk	Celery Sticks Raisins Sun Butter Water
Tuesday	Bran Muffins Cheese Slice Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Whole-Grain Breadstick Carrot Sticks and Cucumbers with Yogurt Dip Water
Wednesday	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
Thursday	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
Friday	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli, Cauliflower & Carrots Pears Milk	Graham Crackers Yogurt Water

MENUS – JULY 2018

5 Week of 07/16/18 – 07/20/18	AM Snack	Lunch	PM Snack
Monday	Cornbread with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Animal Crackers or Vanilla Wafers Milk
Tuesday	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
Wednesday	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
Thursday	Oatmeal Raisins Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Juice
Friday	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

6 Week of 07/23/18 – 07/27/18	AM Snack	Lunch	PM Snack
Monday	Applesauce Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Corn Pears Milk	Oatmeal Squares Milk
Tuesday	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets and Peaches Milk	English Muffin with Melted Cheese Juice
Wednesday	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
Thursday	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
Friday	Wheat Toast with Butter Milk	Mozzarella Bake (Pasta, Marinara, Cheese, Pepperoni) Broccoli and Cauliflower Tropical Fruit Salad Mix Milk	Cottage Cheese Peaches Water

MENUS – JULY 2018

7 Week of 07/30/18 – 08/03/18	AM Snack	Lunch	PM Snack
Monday	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
Tuesday	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
Wednesday	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
Thursday	Oatmeal Squares Milk	Sun Butter and Jelly on Wheat Bread Raw Broccoli and Cauliflower Mixed Fruit Milk	Orange Slices Wheat Thins Milk
Friday	Boiled Eggs Saltines Juice	Chicken and Cheese Quesadilla Cooked Carrots Apple Slices Milk	Soft Pretzels Marinara Sauce Water

MENUS – AUGUST 2018

8 Week of 08/06/18 – 08/10/18	AM Snack	Lunch	PM Snack
Monday	Biscuits and Jelly Milk	Shepherd's Pie Beets Peaches Milk	English Muffins with Melted Cheese Water
Tuesday	Tortillas with Cream Cheese Berries Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
Wednesday	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
Thursday	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
Friday	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

1 Week of 08/13/18 – 08/17/18	AM Snack	Lunch	PM Snack
Monday	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
Tuesday	Cereal Milk	Tuna on Pita Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
Wednesday	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
Thursday	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
Friday	Oatmeal Squares Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Juice

MENUS – AUGUST 2018

² Week of 08/20/18 – 08/24/18	AM Snack	Lunch	PM Snack
Monday	Oyster Crackers Cheese Slices Juice	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
Tuesday	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
Wednesday	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
Thursday	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
Friday	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

³ Week of 08/27/18 – 08/31/18	AM Snack	Lunch	PM Snack
Monday	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
Tuesday	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
Wednesday	Diced Cantaloupe with Strawberries Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Gorp (Cereal, Raisins, Choc. Chips) Milk
Thursday	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn and Peaches Milk	Pears Milk
Friday	Cinnamon Raisin Bagel With Cream Cheese Juice	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

MENUS – SEPTEMBER 2018

4 Week of 09/03/18 – 09/07/18	AM Snack	Lunch	PM Snack
Monday	CLOSED FOR LABOR DAY		
Tuesday	Bran Muffins Cheese Slice Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Whole-Grain Breadstick Carrot Sticks and Cucumbers with Yogurt Dip Water
Wednesday	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
Thursday	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
Friday	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli, Cauliflower & Carrots Pears Milk	Graham Crackers Yogurt Water

5 Week of 09/10/18 – 09/14/18	AM Snack	Lunch	PM Snack
Monday	Cornbread with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Animal Crackers or Vanilla Wafers Milk
Tuesday	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
Wednesday	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
Thursday	Oatmeal Raisins Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Juice
Friday	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

MENUS – SEPTEMBER 2018

6 Week of 09/17/18 – 09/21/18	AM Snack	Lunch	PM Snack
Monday	Applesauce Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Corn Pears Milk	Oatmeal Squares Milk
Tuesday	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets Peaches Milk	English Muffin with Melted Cheese Juice
Wednesday	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
Thursday	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
Friday	Wheat Toast with Butter Milk	Mozzarella Bake (Pasta, Marinara, Cheese, Pepperoni) Broccoli and Cauliflower Tropical Fruit Salad Mix Milk	Cottage Cheese Peaches Water

7 Week of 09/24/18 – 09/28/18	AM Snack	Lunch	PM Snack
Monday	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
Tuesday	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
Wednesday	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn and Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
Thursday	Oatmeal Squares Milk	Sun Butter and Jelly on Wheat Bread Raw Broccoli and Cauliflower Mixed Fruit Milk	Orange Slices Wheat Thins Milk
Friday	Boiled Eggs Saltines Juice	Chicken and Cheese Quesadilla Cooked Carrots Apple Slices Milk	Soft Pretzels Marinara Sauce Water

MENUS – OCTOBER 2018

⁸ Week of 10/01/18 – 10/05/18	AM Snack	Lunch	PM Snack
Monday	Biscuits and Jelly Milk	Shepherd's Pie Beets Peaches Milk	English Muffins with Melted Cheese Water
Tuesday	Tortillas with Cream Cheese Berries Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
Wednesday	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
Thursday	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
Friday	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

¹ Week of 10/08/18 – 10/12/18	AM Snack	Lunch	PM Snack
Monday	CLOSED FOR COLUMBUS DAY		
Tuesday	Cereal Milk	Tuna on Pita Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
Wednesday	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
Thursday	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
Friday	Oatmeal Squares Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Juice

MENUS – OCTOBER 2018

2 Week of 10/15/18 – 10/19/18	AM Snack	Lunch	PM Snack
Monday	Oyster Crackers Cheese Slices Juice	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
Tuesday	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
Wednesday	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
Thursday	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
Friday	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

3 Week of 10/22/18 – 10/26/18	AM Snack	Lunch	PM Snack
Monday	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans & Pineapple Milk	Wheat Bread Squares with Jelly Milk
Tuesday	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
Wednesday	Diced Cantaloupe with Strawberries Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Gorp (Cereal, Raisins, Choc. Chips) Milk
Thursday	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn and Peaches Milk	Pears Milk
Friday	Cinnamon Raisin Bagel With Cream Cheese Juice	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

MENUS – OCTOBER 2018

⁴ Week of 10/29/18 – 11/02/18	AM Snack	Lunch	PM Snack
Monday	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Orange Slices Milk	Celery Sticks Raisins Sun Butter Water
Tuesday	Bran Muffins Cheese Slice Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Whole-Grain Breadstick Carrot Sticks and Cucumbers with Yogurt Dip Water
Wednesday	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
Thursday	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
Friday	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli, Cauliflower & Carrots Pears Milk	Graham Crackers Yogurt Water

MENUS – NOVEMBER 2018

5 Week of 11/05/18 – 11/09/18	AM Snack	Lunch	PM Snack
Monday	Cornbread with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Animal Crackers or Vanilla Wafers Milk
Tuesday	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
Wednesday	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
Thursday	Oatmeal Raisins Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Juice
Friday	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

6 Week of 11/12/18 – 11/16/18	AM Snack	Lunch	PM Snack
Monday	CLOSED FOR VETERAN'S DAY		
Tuesday	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets Peaches Milk	English Muffin with Melted Cheese Juice
Wednesday	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
Thursday	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
Friday	Wheat Toast with Butter Milk	Mozzarella Bake (Pasta, Marinara, Cheese, Pepperoni) Broccoli and Cauliflower Tropical Fruit Salad Mix Milk	Cottage Cheese Peaches Water

MENUS – NOVEMBER 2018

7 Week of 11/19/18 – 11/23/18	AM Snack	Lunch	PM Snack
Monday	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
Tuesday	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
Wednesday	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
Thursday	CLOSED FOR THANKSGIVING		
Friday	CLOSED FOR THANKSGIVING		

8 Week of 11/26/18 – 11/30/18	AM Snack	Lunch	PM Snack
Monday	Biscuits and Jelly Milk	Shepherd's Pie Beets Peaches Milk	English Muffins with Melted Cheese Water
Tuesday	Tortillas with Cream Cheese Berries Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
Wednesday	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
Thursday	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
Friday	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

MENUS – DECEMBER 2018

1 Week of 12/03/18 – 12/07/18	AM Snack	Lunch	PM Snack
Monday	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
Tuesday	Cereal Milk	Tuna on Pita Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
Wednesday	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
Thursday	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
Friday	Oatmeal Squares Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Juice

2 Week of 12/10/18 – 12/14/18	AM Snack	Lunch	PM Snack
Monday	Oyster Crackers Cheese Slices Juice	Pancakes with Sausage Mixed Berries Apple Slices Milk	Chex Mix Milk
Tuesday	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
Wednesday	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
Thursday	Oatmeal Raisins Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
Friday	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Hummus Carrot Sticks Water

MENUS – DECEMBER 2018

3 Week of 12/17/18 – 12/21/18	AM Snack	Lunch	PM Snack
Monday	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
Tuesday	Oatmeal Apple Slices Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Pita Bread with Hummus and Celery Sticks Water
Wednesday	Diced Cantaloupe with Strawberries Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Gorp (Cereal, Raisins, Choc. Chips) Milk
Thursday	Cereal Sliced Banana Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
Friday	Cinnamon Raisin Bagel With Cream Cheese Juice	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

4 Week of 12/24/18 – 12/28/18	AM Snack	Lunch	PM Snack
Monday	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Orange Slices Milk	Celery Sticks Raisins Sun Butter Water
Tuesday	CLOSED FOR FEDERAL OBSERVANCE OF CHRISTMAS		
Wednesday	Cereal Sliced Bananas Milk	Sloppy Joes Baked Beans Peaches Milk	Vanilla Wafers or Animal Crackers Milk
Thursday	Bagel with Cream Cheese Juice	Chicken Noodle Casserole Green Beans Applesauce Milk	Chex Mix Cereals Raisins Milk
Friday	Banana Zucchini Bread Milk	Mashed Potatoes with Hamburger Gravy Broccoli, Cauliflower & Carrots Pears Milk	Graham Crackers Yogurt Water