



Bright Horizons at East Brunswick

Lunch March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Ravioli Breadsticks Carrots Fruit	3 Black Bean Burritos Sour Cream Brown Rice Corn Fruit	4 Turkey & Cheese On Whole Wheat Green Beans Fruit	5 Chicken and Egg Noodles Peas & Carrots Fruit	6 Cheese Pita Pizza Corn Fruit
9 Meatballs and Rotini Green Beans Fruit	10 Chicken Nuggets Carrots Fruit	11 Whole Grain Penne & Broccoli Cheese Breadsticks Fruit	12 Cheese Tortellini Breadsticks Carrots Fruit	13 Alfredo Pita Pizza Corn Fruit
16 Grilled Chicken & Rice Carrots Fruit	17 Cheese Quesadilla Sour Cream Brown Rice Corn Fruit	18 BLT Sandwich Green Beans Fruit	19 Mac & Cheese Carrots Fruit	20 BBQ & Cheddar Pita Pizza Peas Fruit
23 Sun Butter & Jelly Sandwich Green Beans Fruit	24 Tacos Sour Cream & Cheese Brown Rice Corn Fruit	25 Egg Noodles with Mushroom Sauce Green Beans Fruit	26 Grilled Cheese Tomato Soup Green Beans Fruit	27 Cheese Pita Pizza Corn Fruit
30 Cheese Ravioli Breadsticks Carrots Fruit	31 Black Bean Burritos Sour Cream Brown Rice Corn Fruit			

Fresh or frozen fruits and vegetables are used when available. Vegetarian substitutions (bean, soy, or tofu) are available for each meal and would be prepared in the same style as the scheduled menu items. AM Snack and Lunch served with milk. All meats are turkey or chicken, we do not use beef or pork. Fruits subject to change for Infant and Toddler classes.



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AM Snack/PM Snack March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal Fruit ~~~~~ Wheat Crackers String Cheese	3 Vanilla Yogurt Fruit ~~~~~ Whole Grain Ranch Crackers	4 Pancakes Fruit ~~~~~ Vanilla Wafers	5 Bagels w/ Cream Cheese Fruit ~~~~~ Rice Cakes Jelly	6 Cereal Fruit ~~~~~ Assorted Fruit Cereal Bars
9 Cereal Fruit ~~~~~ Cheese Crackers	10 Muffins Fruit ~~~~~ Wheat Thins Cheddar Cheese Cubes	11 Strawberry Yogurt ~~~~~ Wheat Cookies Jelly	12 Cinnamon & Raisin Bread Fruit ~~~~~ Graham Crackers Apple Sauce	13 Cereal Fruit ~~~~~ Assorted Fruit Cereal Bars
16 Cereal Fruit ~~~~~ Wheat Crackers String Cheese	17 Vanilla Yogurt Fruit ~~~~~ Whole Grain Ranch Crackers	18 Pancakes Fruit ~~~~~ Vanilla Wafers	19 Bagels w/ Cream Cheese Fruit ~~~~~ Rice Cakes Jelly	20 Cereal Fruit ~~~~~ Assorted Fruit Cereal Bars
23 Cereal Fruit ~~~~~ Cheese Crackers	24 Muffins Fruit ~~~~~ Wheat Thins Cheddar Cheese Cubes	25 Strawberry Yogurt ~~~~~ Wheat Cookies Jelly	26 Cinnamon & Raisin Bread Fruit ~~~~~ Graham Crackers Apple Sauce	27 Cereal Fruit ~~~~~ Assorted Fruit Cereal Bars
30 Cereal Fruit ~~~~~ Wheat Crackers String Cheese	31 Vanilla Yogurt Fruit ~~~~~ Whole Grain Ranch Crackers			

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