

Menu

Week of February 5th – 9th

Vegetarian Alternatives Available



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
Whole Grain Cereal Fresh Fruit Organic Milk	Egg Bake Casserole Fresh Fruit Organic Milk	Warm English Muffin Jam Fresh Fruit Organic Milk	Vanilla Yogurt Granola Fresh Fruit Organic Milk	Whole Grain Cereal Fresh Fruit Organic Milk
Morning Snack				
Graham Crackers Fresh Fruit Water	French Toast Sticks Fresh Fruit Water	Whole Grain Vanilla Wafers Fresh Fruit Water	Wheat Crackers Cucumber Slices Water	Fresh Fruit Salsa Warm Baked Tortilla Chips Water
Lunch				
Cheeseburger Pie Steamed Peas Fresh Fruit Organic Milk	Chicken and Broccoli Casserole Steamed Carrots Fresh Fruit Organic Milk	Pasta with Marinara Sauce Steamed Green Beans Fresh Fruit Organic Milk	Tacos on Whole Wheat Tortillas Salsa and Cheddar Cheese Steamed Cauliflower Fresh Fruit Organic Milk	Whole Wheat English Muffin Pizzas Steamed Mixed Veggies Fresh Fruit Organic Milk
Afternoon Snack				
Trail Mix Fresh Fruit Water	Ants on a Log Water	Crackers Fresh Fruit Water	Cheese Cubes Fresh Fruit Water	Warm Banana Bread Fresh Carrots Water



Bright Horizons at Lisle is proud to collaborate with the Partnership for a Healthier America® in their fight against childhood obesity and in favor of healthy food choices in the early years.

Chef Nicole

Nicole joined our Bright Horizons team in December 2015. Nicole has her A.A in Culinary Arts from College of DuPage and several years of experience in the food industry.

