



# Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 11.26.2018	Monday November 26	Tuesday November 27	Wednesday November 28	Thursday November 29	Friday November 30
<b>A.M. Snack</b>	Rice Chex Fresh Bananas  Allergy: Rice Chex Fresh Bananas  Infants: Fresh Bananas	Creamy Cinnamon Oatmeal Frozen Blueberries  Allergy: Gluten-Free Oatmeal Frozen Blueberries  Infants: Frozen Blueberries	Strawberry Muffins w/Cream Cheese Filling Fresh Apples  Allergy: Gluten-Free French Toast Fresh Apples  Infants: Fresh Apples	Creamy Yellow Grits Salmon Patties Sliced Oranges  Allergy: Creamy Yellow Grits Salmon Patties Sliced Oranges  Infants: Mandarin Oranges	Sausage, Egg & Cheese Croissants Mixed Berries  Allergy: Sausage Pattie Gluten-Free Bread Egg-Replacer Mixed Berries  Infants: Mixed Berries
<b>Lunch</b>	Turkey Sausage Jambalaya w/Roasted Peppers Whole Grain Brown Rice Pinto Beans Frozen Peaches  Allergy: Turkey Sausage Jambalaya w/Roasted Peppers Whole Grain Brown Rice Pinto Beans Frozen Peaches  Infants: Frozen Peaches	Creamy Cheese Ravioli w/ Peas, Turkey Ham & Parmesan Cheese Roasted Asparagus Fresh Honeydew  Allergy: Gluten-Free Pasta w Dairy- Free Cheese, Peas & Turkey Ham Garden Green Salad & Tomatoes Fresh Honeydew  Infants: Fresh Honeydew Roasted Asparagus	Flatbread Tacos w/Ranch Sour Cream Lettuce & Tomatoes Frozen Mango  Allergy: Corn Tacos w/Dairy-Free Sour Cream Lettuce & Tomatoes Frozen Mango  Infants: Frozen Mango Sweet Peas	Seasoned Ground Turkey Patties w/ Mushroom Sauce Homestyle Mashed Potatoes Cheddar Cheese Biscuits Mandarin Oranges  Allergy: Seasoned Ground Turkey Pattie w/Mushroom Sauce Homestyle Mashed Potatoes Gluten-Free & Dairy-Free Cheese Bread  Infants: Mandarin Oranges	Breaded Chicken Tenders Roasted Squash w/Onions Whole Grain Dinner Rolls Fresh Apples  Allergy: Gluten-Free Breaded Chicken Tenders Roasted Squash w/Onions Gluten-Free Bread Fresh Apples  Infants: Applesauce
<b>P.M. Snack</b>	Whole Grain Bread Sticks Sun Butter  Allergy: Gluten-Free Bread Sticks Sun Butter  Infants: Whole Grain Bread Sticks	Graham Crackers Frozen Strawberries  Allergy: Gluten-Free Crackers Frozen Strawberries  Infants: Graham Crackers Applesauce	Mini Cheese Pizza Bagels  Allergy: Gluten & Dairy Free Cheese Pizza Bread  Infants: Mini Cheese Pizza Bagels	Italian Snack Mix Mixed Fruit Cup  Allergy: Gluten-Free Dairy-Free Snack Mix Mixed Fruit  Infants: Italian Snack Mix Mixed Fruit Cup	$\frac{1}{2}$ Turkey Sandwich w/Tomatoes on Whole Grain Bread  Allergy: $\frac{1}{2}$ Turkey Sandwich w/Tomatoes on Whole Grain Bread  $\frac{1}{2}$ Turkey Sandwich w/Tomatoes on Whole Grain Bread

**Note:** Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

**Note:** Fruits will be fresh, frozen or packed in fruit juice.

**Note:** Menu subject to change based on availability.