



From the Director

Warm Weather

Just a reminder with the warm weather approaching we will need to make sure that each child has a current sunscreen form. Please take a few minutes to fill out a new sunscreen form and return it to your child's teacher. We will have them available at the front desk for you.

The center provides sunscreen for the preschool children. However, we ask that all children in the toddler and twos classrooms provide their own sunscreen. Please remember to bring in your child's sunscreen with the sunscreen form.

Please remember to apply sunscreen on your child each morning before drop-off. All classrooms will re-apply in the afternoons as needed. Also, check your child's cubby to make sure your child has extra clothes appropriate for summer weather.

Picture Days: April 23 & 24

Imagine Us Portraits will be at the center on April 23rd and April 24th for all ages. We will provide more detailed information on specific dates for each classroom soon. Kindergarten Prep Graduation portraits will also be taken at this time.

NAEYC's Week of the Young Child: April 8-12

Each year NAEYC (National Association for the Education of Young Children) sets out to spread the word about the importance of high-quality early learning, and the critical role early childhood educators play in a child's development and learning. Through NAEYC's Week of the Young Child - five themed-days of activities – we and NAEYC will celebrate our youngest learners. To participate at home, please check out their website: naeyc.org/events/woyc/overview

- ▶ **Music Monday:** Sing, Dance, Celebrate, & Learn
- ▶ **Tasty Tuesday:** Healthy eating/fitness at home and school
- ▶ **Work Together Wednesday:** Work, build, and learn together
- ▶ **Artsy Thursday:** Think, problem solve, create
- ▶ **Family Friday:** Sharing family stories



BRIGHT HORIZONS AT USAA Phoenix CDC

Important Dates

April 4

ACH Payment System Begins

April 8-12

NAEYC's Week of the Young Child

April 12:

LUNCH BOX DAY with FAMILIES

To celebrate families, we are inviting everyone to come and enjoy a lunchbox lunch with your child.
Infants & Tods: 11:15am // Twos, PS, KP: 11:30

April 19:

SPRING FLING 6-8pm

Come have fun at our annual spring fling! Games, prizes, train, bubbles, and snow cones!

April 23 & 24:

Spring School Pictures!

Imagine Us Portraits will be here on both days to take the children's school pictures. KP Graduation pictures will also be taken at this time.

April 24:

Show and Share

April 26:

Lunch Box Day

Reasons to Celebrate

SPRING FLING

Please join us!

Friday April 19th

6:00-8:00pm

- ▶ Trackless Train
- ▶ Magician
- ▶ Games and Prizes
- ▶ Snow Cones



Infants



The infants enjoyed the warmer March days outside and explored objects in treasure baskets.

Toddlers



Toddlers got messy and made paintings for the Art Show! Outside, they took turns riding in the wagon.

Twos



The Twos classrooms explored the properties of mud on Mud Day! Ms. Tori demonstrated a science experiment with colors and bubbles.

It's all in the Family! Activities to Build Memories

Enjoying family activities is a precious gift to give our children and ourselves. Time with people we love fosters feelings of belonging and intimacy, builds trust, instills a sense of security, and creates lifelong memories. Below are fun, inexpensive activities for all ages:

- ▶ **Gaze at stars:** Explain to children that stars form patterns that we call constellations and then research them online and in books. Go outside on a clear evening and try to identify constellations or have fun making up your own. Draw the formations on paper or lay them out using pipe cleaners and small rocks. With younger children, focus on the shape of the moon.
- ▶ **Visit farmers markets:** An excursion to a farmers market provides an opportunity to smell the scents of fresh produce, enjoy tasty samples of nutritious foods, hear local musicians playing music, and participate in the coming together of the community.
- ▶ **Go for a hike or walk:** Hiking or walking connects family members to nature, as well as each other. On walks, you might take photographs, collect special rocks, leaves, and sticks, or just enjoy the world's natural wonders and time with each other.
- ▶ **Institute a family fitness program:** This could include age/stage-appropriate push-ups, sit-ups, stretching, walking, hopping, skipping, jumping, or jogging. Family members might keep a fitness log, use a pedometer to count steps, or count your heartbeats before and after exercise.
- ▶ **Volunteer:** Have you considered making volunteering part of your family culture? Adults inspire empathy and compassion by volunteering as a family at a soup kitchen, nursing home, homeless shelter, or other local organizations. For activity suggestions browse sites such as Doing Good Together: doinggoodtogether.org.
- ▶ **Build a cozy fort:** You might use branches and wood, blankets and chairs, or a giant carton (from an appliance store), to design a cozy den. After you build this comfy place to congregate, your family can cuddle up to read, snack, tell stories, or play games.

All the activities above enhance relationships because family members enjoy simple activities, share rewarding adventures, and make memories.

Ask About Our Summer Camp Program!

Join us for a Summer of Fun, Friendships, and Exploration

Through Camp Explorations, our summer camp program at **Bright Horizons®**, your child will have the opportunity to enjoy everything summer has to offer. During action-packed days, your child will experiment with science and technology, engage in the creative arts, discover nature, and explore the world. With experienced teachers, a curriculum based on each child's interests, engaging projects and activities, special visitors, and more, summer will be fun and educational at the same time.

Camp Explorations Highlights

- ▶ Preschool Adventures (ages 3 – 5)
- ▶ Free Camp T-Shirt!
- ▶ 3 Months of STEM learning: June – SPACE, July – CONSTRUCTION, August – OOEEY GOOEY
- ▶ Water Play Days
- ▶ Special guests and activities including Fantastic Fire, Face Painting, Crafts Projects
- ▶ Flexible weekly schedules with full- and part-time options
- ▶ Health, safety, and security policies that meet or exceed local, state, and national standards

Featured Family Webinar

Working Moms, Natural Leaders

Whether you're a new mom getting ready to return to work, or you've been a working mom for a while, you might be curious about the expectations — or lack thereof — you'll face in the office. Watch this recording of our webinar, as we discuss results from the **Bright Horizons®** Modern Family Index survey and learn what research says about working motherhood.

Family Webinar Recording –

Working Moms, Natural Leaders

brighthorizons.com/webinarWMNL



Bright Horizons at USAA

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Monday – Friday 6:30 a.m. to 6:30 p.m.

