

Great Lakes Athletic Trainers' Association

50th Annual Meeting and Symposium



GREAT LAKES

ATHLETIC TRAINERS ASSOCIATION

March 13th, 14th, 15th, 16th & 17th, 2018

The Westin Chicago North Shore

Wheeling, IL

11 CEUs & 10 EBP CEUs

“GLATA is approved by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.”

*** Continuing Education Units' Statement of Credit will be distributed within 30 days following the meeting***



Mini Courses

Tuesday, March 13th & Wednesday, March 14th

Mini Course A **ATs Cares Peer-to-Peer Support Program**

3/13, 12:00pm – 6:30pm Perry Denehy, MEd, ATC, EMT-I, CCISM

3/14, 8:00am – 4:30pm

Birch Room - 13 CEU's

Wednesday, March 14th

Mini Course B **Snap, Crackle... No Pop: Treating Non-Traumatic Neck Pain in the Athletic Population Without Manipulations**

3:00pm – 5:00pm

2 CEUs

Ravinia Ballroom A

Dawn P. Andrews, DAT, ATC, CMP

Kari Wolf-Odland, DAT, ATC

Mini Course C **Best Practice for Cutaneous Manual Therapy**

3:00pm – 5:00pm

2 **EBP** CEUs

Ravinia Ballroom B

Mary Jacobs, MA, ATC, CSCS

Adam J. Thompson, PhD, ATC

Mini Course D

4:00pm – 6:00pm

2 **EBP** CEUs

Willow Room

**Recognition and Management of Exertional Heat Illnesses:
A Simulated Learning Experience**

Lindsey Eberman, PhD, ATC

Kenneth Games, PhD, ATC

Zachary Winkleman, MS, ATC

Mini Course E

5:00pm – 9:00pm

4 **EBP** CEUs

Ravinia Ballroom A

Evidence-Based Practice in the Management of Sport-Related Concussion

Sponsored by NATA

Alicia Sufrinko, PhD



Mini Course F

5:00pm – 8:00pm

3 CEUs

Ravinia Ballroom B

Advanced Airway Management: Low Frequency Skill, High Potential of Risk When Not Performed Appropriately

David Berry, PhD, ATC

Darryl Conway, MA, ATC

Edward Strapp, FP-C, WNRP, ATC

Mini Course G

7:00pm – 9:00pm

2 **EBP** CEUs

Willow Room

**Recognition and Management of Exertional Heat Illnesses:
A Simulated Learning Experience (limit of 10 attendees)**

Lindsey Eberman, PhD, ATC

Kenneth Games, PhD, ATC

Zachary Winkleman, MS, ATC

Mini Course H

7:00pm – 9:00pm

Pool

High Intensity Interval Training: Aquatic Style

David Berry, PhD, ATC

(Students Only)

Thursday, March 15th

Mini Course I

6:30pm – 9:30pm

NO CEUs

Botanic Ballroom

HealthCare Provider CPR

American Heart Association CPR-PR Recertification - Healthcare Provider

Matthew Marzullo, MEd, ATC

Steve Mayo, MS, ATC

Mini Course J

6:30pm – 9:30pm

3 CEUs

Birch Ballroom

Evaluation and Treatment of Neck Pain in the Athletic Training Setting

Jamey Gordon, PT, DPT, ATC, CSCS

Mini Course K

7:00pm – 9:00pm

2 CEUs

Lake Michigan

Functional Evaluation and Treatment of the Foot and Ankle

Darrell Barnes, MS, ATC, CSCS

Mini Course L

7:00pm – 9:00pm

2 **EBP** CEUs

Willow Room

Recognition and Management of Exertional Heat Illnesses:

A Simulated Learning Experience (limit of 10 attendees)

Lindsey Eberman, PhD, ATC

Kenneth Games, PhD, ATC

Zachary Winkleman, MS, ATC

Friday, March 16th

Mini Course M

10:00am – 12:00pm

2 **EBP** CEUs

Willow Room

Recognition and Management of Exertional Heat Illnesses:

A Simulated Learning Experience (limit of 10 attendees)

Lindsey Eberman, PhD, ATC

Kenneth Games, PhD, ATC

Zachary Winkleman, MS, ATC

Saturday, March 17th

Mini Course N

5 CEU's

Birch Ballroom

8:00am – 8:45am

Committee on Practice Advancement (COPA) - Creating the Environment for Successful Athletic Training Reimbursement Programming

NATA Third Party Reimbursement Initiative - Current Status and Future Direction

Joseph J. Greene, MS, ATC

8:45am – 9:45am

Athletic Training Reimbursement Case Studies in Indiana and Wisconsin

Steve Allison, ATC, CEAS

Rick Shaw, MS, ATC

10:00am – 10:45am

Evaluation and Documentation: Reimbursement Considerations

Sue Condon

10:45am – 12:00pm

Reimbursement and Clinical Skill Integration:

Knee Evaluation and Documentation

Matt Bekkedal, MEd, ATC, CSCS

12:00pm – 1:00pm

Implementation Strategy (Panel/Lunch)

1:00pm – 2:15pm

Reimbursement and Clinical Skill Integration:

Shoulder Evaluation and Documentation

Andrew Acker, ATC

Mini Course O

9:00am – 11:00am

2 **EBP** CEUs**Willow Room****Enhancing Emergent Care in Athletic Training: Intravenous Therapy**

Ashley Stakeman, PA-C

Zachary Dougal, ATC

Mini Course P

11:00am – 1:00pm

2 **EBP** CEUs**Willow Room****Enhancing Emergent Care in Athletic Training: Wound Closure**

Elizabeth Neil, MS, ATC

Tatsiana Singh, MPAS, PA-C

General Program

Thursday, March 15th

7:30am – 6:00pm

Skills Practice

Robert Charles-Liscombe, EdD, ATC

Jennifer Popp, PhD, ATC

Skills stations available for practice, refinement and continuing education.

- **Heat Illness** - Using a task trainer, clinicians will be able to assess their knowledge and ability and practice the skills needed to assess core body temperature by inserting a flexible probe rectal thermometer necessary for ice immersion treatment and rapid reading semi-rigid thermometer.
- **Heart and Lung Sounds** - Using a mannequin and vital signs simulator, clinicians will be able to assess their knowledge and ability and practice the skills needed to detect normal and abnormal sounds using a stethoscope.
- **Eye, Ear, Nose and Throat Physical Examination** - Using task trainers and lab assistants, clinicians will be able to assess their knowledge and ability and practice the skills needed to conduct a physical examination of the eye, the ear, nose and throat using high and low cost ophthalmoscope/otoscope tools.
- **Basic Life Support**- Using task trainers, clinicians will be able to assess their knowledge and ability to establish an airway using OPA, NPA, and supraglottal airway adjuncts; administer supplemental oxygen via cannula, non-rebreather masks, and bag valve masks; and provide chest compressions at the recommended rate and depth.
- **Managing Hemorrhage** - Tourniquets, hemostatic agents, and suture practice pads.

Lab assistants will be available to guide participants in self-directed skills practice, multi-media resources will be available for review and instruction, and cost estimates and vendor supplies lists will be available for participants to support purchasing decisions for AT clinical settings.

Willow Room

8:30am – 10:00am

Post Concussion Visual rehab and Sideline Triage of Ocular Injuries**SP**

Kyle Ross, OD, Fellow, American Academy of Optometry

River Ballroom

9:00am-10:00am

EBP - Prevalence and Consequences of Early Sport Specialization Among Adolescent Athletes

David R. Bell, PhD, ATC

Eric Post, MS, ATC

Ravina Ballroom ABC

10:00am – 11:00am

Exertional Rhabdomyolysis

Jon Hochstetler, MAT, ATC

Ravinia Ballroom ABC

Engineering Athletic Movement: An Athletic Trainers Role

Ryan Weible, MEd, ATC, CES, PES, FMS

Lake Michigan Ballroom

Inclusive Patient Care

Kenneth Games, PhD, ATC

Zachary Winkelmann, MS, ATC

River Ballroom

SP

10:00am – 1:00 pm

COPA

Tara Soprano, MS, ATC (moderator)

Mark Laursen, MS, ATC

John Parsons, PhD, ATC

Birch Ballroom

10:00am – 1:00pm

GLATA Oral Free Communication Session

11:00am – 12:00pm

Complying with Your State's Laws and Practice Act

Michael Porters, MAT, ATC

Ravinia Ballroom ABC

11:00am – 12:00pm

Cultural Competence: Beyond the List of Traits

Rene' Revis Shingles, PhD, ATC

Lake Michigan Ballroom

The Ins and Outs of Recognizing and Treating Vocal Cord

Dysfunction and Exercise Induced Asthma in Athletes

Alice Wilcoxson, PhD, ATC, PT

River Ballroom

SP

12:00pm – 1:00pm

Strategic Issues in Athletic Training Lecture Series Session

Presented by NATA Proclamations Committee

Ravinia Ballroom DEF



Treating Persistent Muscle Inhibition:

What To Do When You've Thrown The Kitchen Sink at it

Neal Glaviano, PhD, ATC

Grant E. Norte, PhD, ATC, CSCS

Lake Michigan Ballroom

Student Luncheon (Students Only)

River Ballroom

1:00pm – 2:00pm

EBP - Menstrual Dysfunction Screening for All Female Athletes

Julie Young, MA, ATC, PES

Ravinia Ballroom ABC

Cupping Therapy: Passing Phase or Will it Stick?

Beth Kinslow, DSc, ATC

Lake Michigan Ballroom

SP

1:00pm – 2:00pm	<p><u>Money Matters:</u> <u>Financial Literacy for the Athletic Training Young Professional</u> Alyssa Anderson, MS, ATC Andrew Lundgren, MEd, ATC Botanic Ballroom</p>	SP
2:00pm – 3:00pm	<p><u>Assessment of Physical Activity following Musculoskeletal Injury:</u> <u>Beyond Return to Play</u> David R. Bell, PhD, ATC Christopher Kuenze, PhD, ATC Ravinia Ballroom ABC</p>	
	<p><u>CAATE Update:</u> LesLee Taylor, PhD, ATC Lake Michigan Ballroom</p>	
	<p><u>Health Informatics: The AT as a Knowledge Worker</u> Amy Brugge, EdD, ATC, CHDA Botanic Ballroom</p>	
	<p><u>Benefits of a Formally Structured Onboarding Program</u> Meredith Dotson, MEd, ATC, CES Tina Lepley, ATC Birch Room</p>	
2:00pm – 3:30pm	<p><u>Student Panel Career Roundtable</u> River Ballroom</p>	SP
3:00pm – 4:00pm	<p><u>Vestibular/Ocular Motor Screening & It's Importance in the Management of Concussed Athletes</u> Scott Euype, PT, DPT Ravinia Ballroom ABC</p>	
	<p><u>Mental Health Panel</u> Timothy Neal, MS, ATC, CCISM Lake Michigan Ballroom</p>	
	<p><u>Addressing Health Disparities and the Social Determinants of Health in Athletic Training Clinical Practice and Education</u> Robert Charles-Liscombe, EdD, ATC Botanic Ballroom</p>	
	<p><u>The Importance of Mentorship for the Newly Credentialed Athletic Trainer</u> Stacy E. Walker, PhD, ATC, FNATA Birch Room</p>	
3:30pm – 5:00pm	<p><u>GLATA Student Palpation Challenge</u> Scott Lawrence, DHSc, ATC, MSPT, CSCS River Ballroom</p>	SP
4:00pm – 5:00pm	<p><u>EBP - Self Myofascial Release: An Evidence Based Approach</u> Ryan Weible, MEd, ATC, CES, PES, FMS Ravinia Ballroom ABC</p>	

5:00pm – 6:30pm **GLATA BUSINESS MEETING**
Ravinia Ballroom ABC

7:00pm – 9:00pm **NATAPAC Fundraiser**
Spears Restaurant



Friday, March 16th

7:30am – 8:30am **STATE MEETINGS**

8:30am – 2:00pm **EXHIBIT HALL OPENS**
Certified Only 8:30am – 2:00pm
Ravinia Ballroom DEF

8:30am – 10:00am **Psychological skills for AT Students** **SP**
Mark Cole, PhD, ATC, CMPC
Amy Gaule, MS, ATC, PES
River Ballroom

9:00am – 10:00am **EBP - Examining Adherence to Therapeutic Rehabilitation**
Jessica Kirby, MSED, ATC
Jessica L. Rager, MS, ATC
Ravinia Ballroom ABC

10:00am – 12:00pm **NATA Foundation Talk**
Gary J. Calabrese, PT, DPT
Kurt Spindler, MD
Ravina Ballroom ABC

10:00am – 11:00am **Update on Biologics: PRP, Stem Cells and Secret Sauces**
Brian Cole, MD, MBA
Lake Michigan Ballroom

Engineering Healthier Brains **SP**
Larry Leverenz, PhD, ATC
River Ballroom

Facilitating Effective Debriefing with Clinicians to Improve Patient Care
Kirk Armstrong, EdD, ATC
Birch Room

10:00am – 12:00pm **GLATA Oral Free Communication Session**

11:00am – 12:00pm **Model Practice in Concussion Management:**
An Interdisciplinary, Patient-Centered Approach
Danielle Colegrove, MS, ATC
Brian Vesci, MA, ATC
Lake Michigan Ballroom

Beyond HOPS-Solving Conflict Using What We Know Works! **SP**
Trevor Bates, DHSc, MS, ATC
David Berry, PhD, ATC

11:00am – 12:00pm

**Why Culture Eats Strategy For Breakfast:
Advanced Level Leadership & Change Management In Athletic Training**
Sara Stiltner, MEd, ATC
Elizabeth Walters, EdD, ATC
Birch Room

12:00pm – 1:00pm

Exhibit Break/Poster Session

12:30pm – 1:30pm

**Pharmacological Interventions for the Athletic Trainer:
Physiology, Mechanism of Action and Application of Out Of-Hospital Drug
Interventions for Acute Critical Emergencies**
David Berry, PhD, ATC
Darryl Conway, MA, ATC
Edward Strapp, FP-C, WNRP, ATC
Ravinia Ballroom ABC

The Foot Posture Index-6: A Different Way of Seeing Your Feet

Ed Jones, PT, DHSc, OCS
Lake Michigan Ballroom

Catastrophic Events in Athletics: The Aftermath

Keith Owsley, MS, CSCS
Botanic Ballroomf

SP

So You Want To Go International?

Mark Gibson, MEd, MS, ATC, PT
Birch Room

Secondary School Peer to Peer

Dale Grooms, ATC (Moderator)
Willow Room

1:30pm – 2:30pm

**EBP – Inflammatory Bowel Disease in Sports Medicine:
Implications for Athletic Trainers**

Christina Eyers, EdD, ATC
Ashley Johnson, MS, ATC
Ravinia Ballroom ABC

EBP - Choose your words wisely:

Using proper verbal cues can enhance lower extremity movement

Jill Thein-Nissenbaum, PT, DSc, SCS, ATC
Lake Michigan Ballroom

1:30pm – 3:30pm

GLATA Bowl
River Ballroom

2:30pm – 3:30pm

EBP - Managing Post-Exercise Inflammation:

From Ibuprofen to Cherries

Sponsored by Gatorade

Roberta H. Anding, MS, RD/LD, CDE, CSSD, FAND
Ravinia Ballroom ABC

3:30pm – 5:00pm **Pinky Newell Talk**
Chris Norton
Ravinia Ballroom ABC

GLATA Awards Presentation
Ravina Ballroom ABC

6:00pm – 8:00pm **GLATA 50th GALA CELEBRATION**
Ravinia Ballroom DEF

8:00pm – 11:00pm **GLATA Social**
Ravinia Ballroom DEF

Saturday, March 17th

8:00am – 9:00am **Public Safety Athletic Training:**
Establishing Athletic Training Services for a Police Department
A.S. Woody Goffinett, MBA, ATC, EMT-P, FF1
Lake Michigan Ballroom

The Role of Baseline Functional Performance Testing to improve Outcomes
After a Lower Extremity Musculoskeletal Injury
Janet Simon, PhD, ATC
Botanic Ballroom

The Role of the Athletic Trainer in the YMCA
Alex Brummett, ATC
Elizabeth Davison, ATC
River Ballroom

9:00am – 10:00am **Vestibular Rehabilitation in Patients Following a Concussion** **SP**
Stacey L. Gaven, PhD, ATC
Lake Michigan Ballroom

9:00am – 11:00am **EBP – “Sport-Related Concussion Standard of Care Guidelines that**
Incorporate the 5th International Consensus Conference on Concussion in
Sport (2016) Recommendations”
Thomas Kaminiski, PhD, ATC, FNATA, FACSM
Botanic Ballroom

Getting the most bang for your exercise buck:
Which exercises best activate the gluteus medius and maximus muscles?
Alyson Kelsey, MEd, ATC
Jill Thein-Nissenbaum, PT, DSc, SCS, ATC
River Ballroom

10:30am – 12:00pm **Pre-Hospital Management of Cervical Spine Injuries in Non-Traditional** **SP**
Athletic Activities: What is the Current Evidence to Maximize Outcomes
David Berry, PhD, ATC
Darryl Conway, MA, ATC
Edward Strapp, ATC, WEMT-P
Lake Michigan Ballroom

11:00am – 1:00pm

EBP - Exertional Heatstroke:

Defending and Implementing Best Practice in the Field

Kevin Miller, PhD, ATC

Botanic Ballroom

Knee Valgus: Looking Beyond the Knee

David Bazett-Jones, PhD, ATC, CSCS

Jennifer Thorpe, MS, ATC, CSCS

River Ballroom