



BSR

PO Box 190

Summit Point, WV 25446

304/725-6512 fax: 304/728-7124

e-mail: office@bsr-inc.com www.bsr-inc.com

SAFETY

1. **Before you go onto the track**
 - a. Start your car to warm it up.
 - b. If you want instruction, have the instructor with you.
 - c. All safety gear on.
 1. Helmet on and strapped.
 2. Seat belts on and tightened.
 3. Check all your instruments to make sure your car is ready (fuel?).
 - d. Make sure you understand these safety rules, passing and corner flag signals.

2. **Entering the track**
 - a. With all your safety equipment in place, approach the Pit Marshal at Pit Out, *slowly!*
 - b. Follow the Pit Marshal's directions.
 1. Be ready to stop if he tells you.
 2. Be ready to go when he tells you.
 - c. When you pull onto the track, stay to the extreme right and accelerate.
 - d. When you have checked your mirrors and are sure you are clear, move left onto the race line.

3. **Lapping the track**
 - a. As you lap the track, be sure to stay on the line. You shouldn't have to move out of someone else's way. Be predictable.
 - b. As you lap, pay attention to all manned corner stations.
 - c. If a flag is displayed:
 1. *Stationary Yellow Flag:* Caution. Slow down. No passing until you come to the next corner station that is not displaying a flag.
 2. *Waving Yellow Flag:* Great caution. Slow down. No passing until you get to the next manned corner station showing no flags.
 3. *Red Flag:* STOP! Await signal to move slowly into pits.
 4. *White Flag:* Slow moving vehicle ahead. Use caution.
 5. *Stationary Blue Flag:* Check mirrors.
 6. *Waving Blue Flag:* Give passing signal, allow car(s) to pass safely.
 7. *Green Flag:* The track is open and manned.
 8. *Furled Black Flag:* Warning a driver of misconduct.
 9. *Unfurled Black Flag:* Come in for a talk with the Paddock Marshal.
 - d. As you lap, you must also pay attention to your mirrors and what is going on behind you, as well as what is going on inside your car with the instruments.
 - e. Remember this is not racing so be courteous to other drivers.

4. **Passing Rules**
 - a. If you are impeding another car, help him pass you with passing signal.
 - b. If you are being impeded, make a pit stop and separate yourself from that car then return to the track.

- c. The car being passed must:
 - 1. Signal the car behind him with a clearly visible arm signal outside the window. Car being passed stays on line.
 - 2. Maintain position and stay on the line.
 - 3. Ease up on the gas pedal to help the pass be completed before the braking zone.
- d. The passing car should:
 - 1. Wait for a passing signal.
 - 2. Pass in the passing zones between the cones on the straightaways from Turn 10 to Turn 1, Turn 2 to Turn 3, Turn 9 to Turn 10.
 - 3. Acknowledge the driver of the overtaken car.
- e. When a driver indicates a pass, one car may pass for each signal.

5. Off-Road Recoveries

- a. Admit you've made a mistake.
- b. Get off the pedals and try to straighten up.
- c. Use all the run-off area you need to maintain control.
- d. Aim the car at the track or a shallow angle with all the wheels straight. Coast onto the track.
- e. Remember your tires may be contaminated.
- f. If a car goes off in front of you, give it space to come back on. It's best not to pass until they are back on the track.

6. Spins

- a. If you get into a spin, lock your brakes, depress the clutch, and stop the car.
- b. Avoid a spinning car by not looking at it and pick the straightest path by. (Remember it's okay to go off the track to avoid a car).
- c. You should be aware of any traffic to your rear so try to provide a way out for them also.
- d. The best way to avoid a spinning car is to see the problem early (for example - pinching off exits or a loose setup) and give them space.

7. Exiting the track

- a. As you exit Turn 9, stay to the right.
- b. Signal your intent to pit with your left arm out the window above the roof line; hand or fist held straight up.
- c. A turn signal will help notify another driver of your intent.

8. If you have a problem on the track

- a. If you break or run out of gas:
 - 1. Pull off to a safe area.
 - 2. Stay in the car belted for 1 1/2 - 2 minutes (unless you're on fire) to let the other drivers see your location.
 - 3. Don't try to repair it while cars are on the track. Exit the car and move away from it to a safe location (other side of wall) and await guidance from track personnel.
 - 4. If you are not at your car when the tow truck arrives, you will have to make some arrangements to do so later.
 - 5. If you see someone broke down, don't stop. Instructors know what to do. One will flag you down if he needs assistance.

9. Violators

- a. If you see anyone conducting himself in an unsafe manner, please try to get the car number or description and report the incident immediately to an instructor. It's everyone's duty to keep it safe.
- b. If you make a safety violation, we will explain the problem and most likely give you another chance. The same violation twice in one day ends your day.