

BRIGHT HORIZONS AT LISLE

What's on the Menu?



Week of 04/01/19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> ▪ Crispex ▪ Bananas ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Blueberry Breakfast Loaf ▪ Apples ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Warm English Muffin ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Blueberry Muffin ▪ Peaches ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Raisin Bran ▪ Apples ▪ Organic Milk
MORNING SNACK	<ul style="list-style-type: none"> ▪ Whole Grain Vanilla Wafers ▪ Apples ▪ Water 	<ul style="list-style-type: none"> ▪ Banana and Sun Butter Sandwich ▪ Water 	<ul style="list-style-type: none"> ▪ Fresh Fruit Salad ▪ Water 	<ul style="list-style-type: none"> ▪ Wheat Crackers ▪ Cucumber Slices ▪ Water 	<ul style="list-style-type: none"> ▪ String Cheese ▪ Oranges ▪ Water
LUNCH	<ul style="list-style-type: none"> ▪ Ranch Cheddar Chicken ▪ Mashed Potatoes ▪ Steamed Green Beans ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Cheeseburger Pie ▪ Steamed Peas ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Vegetable Lasagna ▪ Steamed Cauliflower ▪ Oranges ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Brunch: Whole Wheat Pancakes ▪ Turkey Sausage Patties ▪ Steamed Carrots ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Homemade Tomato Soup ▪ Grilled Cheese Sandwich ▪ Steamed Mixed Veggies ▪ Pears ▪ Organic Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> ▪ Veggie Straws ▪ Oranges ▪ Water 	<ul style="list-style-type: none"> ▪ Trail Mix ▪ Oranges ▪ Water 	<ul style="list-style-type: none"> ▪ Strawberry Nutrigrain ▪ Cucumber Slices ▪ Water 	<ul style="list-style-type: none"> ▪ Whole Grain Cheddar Crackers ▪ Apples ▪ Water 	<ul style="list-style-type: none"> ▪ Homemade Apple Bread ▪ Bananas ▪ Water
TAKE HOME SNACK	<ul style="list-style-type: none"> ▪ Graham Crackers 	<ul style="list-style-type: none"> ▪ Nutrigrain Bar 	<ul style="list-style-type: none"> ▪ Wheat Crackers 	<ul style="list-style-type: none"> ▪ Oyster Crackers 	<ul style="list-style-type: none"> ▪ Apple Slices

We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

