

# Menu

## 2018

### Weeks One & Two

**Breakfast** 8 am – 9 am  
**Lunch** 11am-12:30pm  
**Snack** 3pm – 3:30 pm

**Evening  
Snack**  
 5:30 pm



#### One

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Cereal Fruit Milk	<b>Breakfast:</b> Blueberry Muffins Fruit Milk	<b>Breakfast:</b> Hard Boiled Eggs Turkey Bacon Fruit Milk	<b>Breakfast:</b> French Toast Sticks Applesauce Milk	<b>Breakfast:</b> Cinnamon Swirl Bread Cream Cheese Fruit Milk
<b>Lunch:</b> Whole Wheat Pasta & Sauce Cauliflower Fruit Milk	<b>Lunch:</b> Turkey Rice Casserole Broccoli Fruit Milk	<b>Lunch:</b> Chicken Tacos Mixed Veggies Fruit Milk	<b>Lunch:</b> Meatball Subs Green Beans Fruit Milk	<b>Lunch:</b> Toasted Ham and Cheese Tomato Soup Fruit Milk
<b>Snack:</b> Nutrigrain Bars Water	<b>Snack:</b> Hummus Pita Bread Water	<b>Snack:</b> Wheat Thins Cheese Water	<b>Snack:</b> Yogurt Granola Water	<b>Snack:</b> Graham Crackers Applesauce/ Apples Water

#### Two

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Cereal Fruit Milk	<b>Breakfast:</b> Toast w/Jelly Sausage Patty Fruit Milk	<b>Breakfast:</b> Blueberry Muffins Fruit Milk	<b>Breakfast:</b> Cheese Omelets Fruit Milk	<b>Breakfast:</b> Bagels Cream Cheese Fruit Milk
<b>Lunch:</b> Mac & Cheese Peas Fruit Milk	<b>Lunch:</b> Chicken Breast Rice Green Beans Fruit Milk	<b>Lunch:</b> Sun Butter/Jelly Sandwiches Carrots/ Carrot Sticks Fruit Milk	<b>Lunch:</b> Barbecue Meatballs Mashed Potatoes Fruit Milk	<b>Lunch:</b> Turkey & Cheese Sandwiches Salad/ Cauliflower Fruit Milk
<b>Snack:</b> Vanilla Yogurt Berries Water	<b>Snack:</b> Salsa and Sour Cream Pita Bread Water	<b>Snack:</b> Graham Crackers Bananas Water	<b>Snack:</b> Cheese Sticks Wheat Thins Water	<b>Snack:</b> Cucumbers Oyster Crackers Water

- Menu Subject to Change