********

**\***Infant/Toddler Alternative

**\***Vegetarian/Vegan Alternative

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week of: Jan 13th  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST | * Bagel
* Cream Cheese
* Banana
* Organic Milk
 | * Pancakes
* Turkey Sausage
* Oranges
* Organic Milk
* Meatless Sausage
 | * Yogurt Parfait
* Granola
* Peaches
* Organic Milk
 | * Sausage & Cheese Biscuit
* Watermelon
* Organic Milk
* Meatless Sausage
 | * Cornbread Muffin
* Banana
* Organic Milk
 |
| TODDLER MORNING SNACK | * Corn Chex
* Organic Milk
 | * Pita Bread
* Peaches
* Water
 | * Pancake
* Pears
* Water
 | * Yogurt
* Granola
* Water
 | * Sausage Patty
* Biscuit
* Water
 |
| LUNCH  | * BBQ Chicken Sandwich
* Sweet Potato Fries
* Cantaloupe
* Organic Milk
* Black Bean Patty
 | * Cheese Quesadilla
* Black Bean Medley
* Mango
* Organic Milk
* Tofu
 | * Turkey Chili
* Corn Bread Muffin
* Green Beans
* Watermelon
* Organic Milk
* Veggie Chili
 | * Beef Stroganoff
* Peas & Carrots
* Pears
* Organic Milk
* Soy Crumbles
 | * Cheese Pizza
* Tomato-Cucumber Salad
* Blueberries
* Organic Milk
* Crushed Pineapples
* Marinara/Wheat Pasta
 |
| AFTERNOON SNACK  | * Turkey & Cheese Roll Up
* Water
* Tofu Roll Up
 | * Graham Crackers
* Apple Slices
* Organic Milk
 | * Garlic Breadsticks
* Marinara Sauce
* Water
 | * Sliced Cheese
* Vanilla Wafers
* Water
 | * Pita Bread
* Yogurt
* Soy Nut Butter
 |

* Vegetarian meal options available
* Fresh fruits and vegetables served daily
* Proteins include chicken, turkey, beef, pork, cheese, and beans
* Whole milk served to Infants and Toddlers
* 1% milk served to Young Preschool, Preschool and Kindergarten Prep
* All meals are served family style

BRIGHT HORIZONS AT WHEATON