

Bristol-Myers Squibb CDC Summer Week One

M=Milk/Dairy
F=Fruit
G=Grain
P=Protein
V=Vegetable



2018

sodexo
QUALITY OF LIFE SERVICES

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Whole Grain Pancakes with Turkey Sausage, Diced Peaches and Milk G,F,M	Kix Cereal with Sliced Fresh Bananas and Milk G,F,M	Carrot Pineapple Bran Muffins with Diced Apples and Milk G,F,M	Cheddar Cheese Omelets with Fresh Sliced Strawberries, Whole Wheat Bread and Milk G, P,F, 1 1/2M	Wheat English Muffins with Veggie Sausage, Fresh Diced Cantaloupe, and Milk G, F, V,M
Lunch	BBQ Chicken Breast with Pinto Beans, Steamed Corn, Whole Wheat Pita, and Milk G,P,2V,M	Pizza Cheese Steaks (with Pizza Sauce and Mozzarella) on Hoagie Rolls, Steamed Fresh Broccoli and Milk P,2V,G,M	Warm Popcorn Chicken Salad w/ Cheddar, Cucumbers, Tomatoes, Whole Wheat Dinner Roll and Milk P,2V,G,M	Oven Baked Pierogies With Sour Cream, Applesauce, Green Beans and Milk G,M,F,V	Oven Baked Pollack Nuggets with Tartar Sauce, Whole Grain Pasta Primavera Salad, and Milk P, 2V, G, M
Vegetarian Option	BBQ Vegetable Crumble with Pinto Beans, Steamed Corn, Whole Wheat Pita and Milk P,G,2V,M	French Bread Cheese Pizza with Steamed Fresh Broccoli and Milk P,2V,G,M	Chick Pea & Cheese Salad with Cucumbers, Tomatoes, Whole Wheat Dinner Roll and Milk P,2V,G,2M		Veggie Nuggets with Whole Grain Pasta Primavera Salad and Milk G, 2V,M
Snack	Diced Fresh Seedless Watermelon with Vanilla Yogurt and Water F,M	Fresh Blueberries with Fig Newtons and Water F,G	Cheese Sticks with Whole Wheat Crackers and Water F,P	Blanched Baby Carrots (Raw for Kindergarten) with Ranch Dressing, Tomato Tortilla Triangles and Water V,G	Fresh Diced Pineapple with Graham Crackers and Water F, G