

BRIGHT HORIZONS AT LISLE – May 17th-21st 2021

What's on the Menu?

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|--|--|--|---|---|
| BREAKFAST | Cornflakes Bananas Organic Milk | Warm Oatmeal Apples Organic Milk | Apple Breakfast Casserole Pears Organic Milk | Whole Wheat Mini Bagel Cream Cheese Peaches Organic Milk | Rice Krispies Apples Organic Milk |
| LUNCH | Chicken Alfredo with Whole Grain Noodles Steamed Green Beans Pears Organic Milk Sub: Veggie Chicken Alfredo | Chicken Tacos on Whole Wheat Tortillas Salsa and Cheddar Cheese Steamed Carrots Oranges Organic Milk Sub: Veggie Chicken Tacos | Sweet and Sour Turkey Meatballs Fried Rice Fruit Salad Organic Milk Sub: Veggie Meatballs | Homemade Chicken Potpie Steamed Cauliflower Pears Organic Milk Sub: Veggie Chicken Potpie | Whole Grain Cheese Pizza Steamed Peas Oranges Organic Milk |
| AFTERNOON SNACK | Banana Snack Cake Apples | Pretzel Bites Bananas Water | Corn Muffin Cucumber Slices Water | Fresh Fruit Salsa Homemade Baked Tortilla Chips Water | Whole Grain Mixed Berry Animal Crackers Pears Water |



Vegetarian Alternative



Substitute for 2yrs & Under



- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
1% milk served to children 24 months and older

