



BRIGHT HORIZONS FAMILY SOLUTIONS PSL - Early Childhood Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
October 29, 2018	October 30, 2018	October 31, 2018	November 1, 2018	November 2, 2018
			CHICKEN PARMESAN^ @wgwheat Romaine Salad Light Ranch Dressing Applesauce Choice of Milk	HAMBURGER Baked Beans Fresh Fruit Bun ^ Ketchup Choice of Milk
November 5, 2018	November 6, 2018	November 7, 2018	November 8, 2018	November 9, 2018
CHEESE PIZZA ^ Mixed Vegetables Pineapple Cup Choice of Milk	CHILI Corn Muffin ^ French Fries Peach Cup Ketchup Choice of Milk	CRUNCHY CHICKEN TENDERS ^ Maple Baked Beans Fresh Fruit BBQ Sauce Choice of Milk	SALISBURY W/GRAVY Sliced Bread ^ Mashed Potatoes Mixed Fruit Cup Choice of Milk	RANCH TURKEY BURGER Hamburger Bun ^ Romaine Salad Light Ranch Dressing Fresh Fruit Ketchup Choice of Milk
November 12, 2018	November 13, 2018	November 14, 2018	November 15, 2018	November 16, 2018
SWEDISH MEATBALLS Spiral Noodles^ Mixed Vegetables Applesauce Cup Choice of Milk	CHICKEN FAJITA STRIPS Bun ^ Corn Mixed Fruit Cup BBQ Sauce Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Green Beans Light Ranch Dressing Pear Cup Choice of Milk	HAMBURGER Hamburger Bun ^ Golden Potato Rounds Fresh Fruit Mustard Ketchup Choice of Milk	TURKEY SALAMI & CHEESE ON A WHOLE WHEAT BUN^ Romaine Salad Light Ranch Dressing Fresh Fruit Light Mayonnaise Choice of Milk
November 19, 2018	November 20, 2018	November 21, 2018	November 22, 2018	November 23, 2018
3 CHEESE PANINI ^ Corn Peach Cup Choice of Milk	TURKEY W/ STUFFING & GRAVY^ Diced Sweet Potatoes Pear Cup Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ French Fries Pineapple Cup BBQ Sauce Ketchup Choice of Milk	THANKSGIVING	NO SCHOOL
November 26, 2018	November 27, 2018	November 28, 2018	November 29, 2018	November 30, 2018
SPAGHETTI W/ MEATBALLS^ Green Beans Mixed Fruit Cup Choice of Milk	BAKED CHICKEN NUGGETS^ Mixed Vegetables Peach Cup BBQ Sauce Choice of Milk	FRENCH BREAD CHEESE PIZZA^ Romaine Salad Light Ranch Dressing Diced Pears Choice of Milk	CHICKEN TACO MEAT Soft Tortilla ^ Corn Fresh Fruit Choice of Milk	MEATLOAF WITH GRAVY Sliced Bread ^ Mashed Potatoes Fresh Fruit Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.



Snack Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 11/5-11/9	AM: Nutrigrain bar with milk PM: Rice cakes	AM: Naan bread with Sun butter PM: Fresh fruit	AM: Corn muffin with milk PM: Whole grain cheese crackers	AM: Cereal with milk PM: Graham crackers and milk	AM: Cinnamon raisin bread with jelly PM: String cheese with crackers
WEEK 2 11/12-11/16	AM: Blueberry muffin with milk PM: Pita and hummus	AM: Graham Crackers and applesauce PM: Cheddar cheese and crackers	AM: Yogurt PM: Fresh fruit	AM: Bagel with cream cheese PM: Graham Crackers with milk	AM: Cereal with milk PM: String cheese and crackers
WEEK 3 11/19-11/23	AM: Oyster crackers with fruit cup PM: Rice cakes	AM: Cereal with milk PM: Apple Oatmeal Bar with milk	AM: Corn muffin with milk PM: : String cheese with crackers	CLOSED FOR THANKSGIVING HOLIDAY	CLOSED FOR THANKSGIVING HOLIDAY CLOSED FOR THANKSGIVING HOLIDAY

