

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 1 | 2Bagels with Cream CheeseApple Cinnamon Rice Cakes | 3Whole Grain Pancakes with Sugar Free SyrupString Cheese | 4CENTER CLOSEDIndependence Day | 5CornbreadPita Chips and Guacamole  | 6Biscuits with JellySoft Pretzels  | 7 |
| 8 | 9Cinnamon Raisin BreadGraham Crackers | 10Whole Grain Cheerios with MilkCucumbers and Ranch | 11Cereal BarsCheese and Crackers | 12Blueberry MuffinsFresh Apples and Sunbutter | 13Whole Wheat Toast with JellyTrail Mix | 14 |
| 15 | 16Whole Grain English Muffins with ButterPretzels  | 17Assorted BreakfastCornbread | 18Whole Grain Waffles with Sugar Free SyrupGoldfish | 19Bananas and YogurtCinnamon Grahams | 20Chex Cereal with MilkPita Chips and Salsa | 21 |
| 22 | 23Cereal BarsString Cheese | 24Bagels with Cream CheeseAssorted Snack | 25Cinnamon Raisin BreadTrail Mix | 26CornbreadFresh Carrots with Hummus | 27Apple Cinnamon MuffinsBananas and Yogurt | 28 |
| 29 | 30 Whole Grain Pancakes with Sugar Free SyrupAssorted Snack | 31Whole Grain Cheerios and MilkCheese and Crackers |  |  |  |  |



**Bright Horizons at Spotswood**

**732-251-2686| Spotswood@brighthorizons.com|www.brighthorizons.com/spotswood**