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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 1 | 2  Bagels with Cream Cheese  Apple Cinnamon Rice Cakes | 3  Whole Grain Pancakes with Sugar Free Syrup  String Cheese | 4  CENTER CLOSED  Independence Day | 5  Cornbread  Pita Chips and Guacamole | 6  Biscuits with Jelly  Soft Pretzels | 7 |
| 8 | 9  Cinnamon Raisin Bread  Graham Crackers | 10  Whole Grain Cheerios with Milk  Cucumbers and Ranch | 11  Cereal Bars  Cheese and Crackers | 12  Blueberry Muffins  Fresh Apples and Sunbutter | 13  Whole Wheat Toast with Jelly  Trail Mix | 14 |
| 15 | 16  Whole Grain English Muffins with Butter  Pretzels | 17  Assorted Breakfast  Cornbread | 18  Whole Grain Waffles with Sugar Free Syrup  Goldfish | 19  Bananas and Yogurt  Cinnamon Grahams | 20  Chex Cereal with Milk  Pita Chips and Salsa | 21 |
| 22 | 23  Cereal Bars  String Cheese | 24  Bagels with Cream Cheese  Assorted Snack | 25  Cinnamon Raisin Bread  Trail Mix | 26  Cornbread  Fresh Carrots with Hummus | 27  Apple Cinnamon Muffins  Bananas and Yogurt | 28 |
| 29 | 30  Whole Grain Pancakes with Sugar Free Syrup  Assorted Snack | 31  Whole Grain Cheerios and Milk  Cheese and Crackers |  |  |  |  |



**Bright Horizons at Spotswood**

**732-251-2686| Spotswood@brighthorizons.com|www.brighthorizons.com/spotswood**