
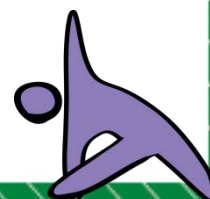


Movement Matters – September 2018

Running, Races, & Obstacles


 Bright Horizons <small>Early Education & Preschool</small>	Young Preschool	Preschool	Kindergarten Prep
Objectives	<ul style="list-style-type: none"> To promote physical development and wellness to create good habits and positive attitudes To engage in physical activity such as baseball/kickball. 		
Materials	<ul style="list-style-type: none"> Cones Ladders Balls Bean bags Mats CD's CD Player Parachute Steps Hula Hoops Stepping Stones 	<ul style="list-style-type: none"> Cones Ladders Balls Bean bags Mats CD's CD Player Parachute Steps Hula Hoops Stepping Stones 	<ul style="list-style-type: none"> Cones Ladders Balls Bean bags Mats CD's CD Player Parachute Steps Hula Hoops Stepping Stones
Activities	<ul style="list-style-type: none"> Obstacle Course Matching Bean Bags. Shuttle Run Parachute Stepping Stones ABC's Mats Ladder runs Red Light/ Green Light Jump over Cubes. 	<ul style="list-style-type: none"> Obstacle Course Matching Bean Bags. Shuttle Run Parachute Stepping Stones ABC's Mats Ladder runs Jump over Cubes High Jump & Vertical Jump Red Light/ Green Light What time is it Mr. Fox 	<ul style="list-style-type: none"> Obstacle Course Matching Bean Bags. Shuttle Run Parachute Stepping Stones ABC's Mats Ladder runs Jump over Cubes High Jump & Vertical Jump Red Light/ Green Light What time is it Mr. Fox
Children learn to	<ul style="list-style-type: none"> Follow simple safety rules while participating in football activities. Understand how to promote physical fitness while running and jumping. 	<ul style="list-style-type: none"> Follow simple safety rules while participating in football activities. Understand how to promote physical fitness while running and jumping. 	<ul style="list-style-type: none"> Follow simple safety rules while participating in football activities Understand how to promote physical fitness while running and jumping.






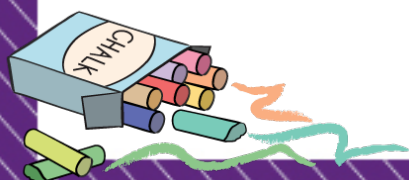
Music & Movement – September 2018



	<u>Week of 9/3</u> Introduction to African Music	<u>Week of 9/10</u> Play instruments to African music	<u>Week of 9/17</u> Creating traditional African dances	<u>Week of 9/23</u> Playing African drums
Objectives	Exposure to native African music	Play familiar instruments along with African music	Learn traditional African dance moves	Using child made drums to play along with African music while recreating beats
Materials	CD: Drum Like an Animal	CD: Drum Like an Animal, percussion instruments	CD: Drum Like an Animal, dance step instructions	CD: Drum Like an Animal, child made drums
Activities	Play African music for children and allow them to dance to the music while they become familiar with the style, rhythm and beats	Talk with children about traditional African instruments, play instruments along with music	Learn African dance moves, create own moves and dance along to African music	Play drums along with African music, work on recreating the beats heard
Children learn to:	Appreciate African music and culture, identify a beat, develop large motor skills	Appreciate African music, become more familiar with percussion instruments	Appreciate African music and culture, develop large motor skills	Appreciate African music and culture, identify a beat, develop hand eye coordination


Art Studio – September 2018

	<u>Week of 9/3</u> <u>Colored Waterfall</u>	<u>Week of 9/10 & 9/17</u> Air-dry Clay Pendants/ Ornaments	<u>Weeks of 9/24 & 10/1</u> Paper Mache Pumpkins
Objectives	<ul style="list-style-type: none"> • Explore and experiment with visual media and materials. • Use art materials and tools purposefully and creatively. 		
Materials	<ul style="list-style-type: none"> • table top easels • paper • liquid watercolor or thinned paint • pipettes 	<ul style="list-style-type: none"> • Air dry clay • Rolling pins • Medium and small sized shape or cookie cutters • Paint & brushes 	<ul style="list-style-type: none"> • newspaper • paper mache paste • tape • paint & brushes
Activities	<ul style="list-style-type: none"> • Secure paper to table top easel • Using pipettes, drop paint onto paper 	<ul style="list-style-type: none"> • Use rolling pins to flatten clay pieces. • Cut out desired shapes • Use skewer or straw to create hole for hanging pendant • Use various objects to make impressions into pendants • Allow clay to dry • Once dry, paint and poly seal projects. • Allow sealant to cure 24 hours. • Add hanging string. 	<ul style="list-style-type: none"> • Use various forms to create pumpkin shapes • Cover forms with layers of newspaper & paper maché paste. • Set forms aside to allow to dry completely. • Paint dried shapes
Children learn to	<p>Science Rocks: Explore and experiment with the concept of gravity</p> <p>Language Works: Strengthen small muscle skills in hand and wrist</p>	<p>Science Rocks: Explore how the properties of materials can change; use tools purposefully to complete tasks.</p>	<p>Art Smart: Purposefully choose art tools and materials to achieve desired outcomes</p> <p>Caring Matters: Work cooperatively with others on a common task</p>



STEM Lab – September 2018


Fairy Tale Challenge: A raft for the billy goats

 Bright Horizons SM <i>Early Education & Preschool</i>	Young Preschool	Preschool	Kindergarten Prep
Objectives	Freely explore materials at a developmentally appropriate level		
Materials	<ul style="list-style-type: none"> • Three Billy Goats Gruff Book • Toy Goat • Straws • Pipe cleaners • Tape • Water Tub 	<ul style="list-style-type: none"> • Three Billy Goats Gruff Book • Toy Goat • Straws • Pipe cleaners • Tape • Water Tub 	<ul style="list-style-type: none"> • Three Billy Goats Gruff Book • Toy Goat • Straws • Pipe cleaners • Tape • Pom-poms • Water Tub
Activities	<ul style="list-style-type: none"> • Read the story of the Three Billy Goats Gruff. • Can you build a raft to get the billy goats across the water? Predict outcome. • Show pictures of raft ideas. • Discuss ideas of raft building. • Allow children to work together, with teacher assistance, to create a raft using provided materials. • Test the raft in water tub. • Discuss outcome. • Attempt new raft ideas as time allows. • Discuss outcomes of each raft idea. 	<ul style="list-style-type: none"> • Read the story of the Three Billy Goats Gruff. • Can you build a raft to get the billy goats across the water? Predict outcome. • Show pictures of raft ideas. • Discuss ideas of raft building. • Allow children to work together, with teacher assistance, to create a raft using provided materials. • Test the raft in water tub. • Discuss outcome. • Attempt new raft ideas as time allows. • Discuss outcomes of each raft idea. 	<ul style="list-style-type: none"> • Read the story of the Three Billy Goats Gruff. • Can you build a raft to get the billy goats across the water? Predict outcome. • Discuss ideas of raft building. • Allow children to work together in small groups to create a raft using provided materials. • Test the raft in water tub. • Discuss outcome. • Attempt new raft ideas as time allows. • Discuss outcomes of each raft idea.
Children learn to	<ul style="list-style-type: none"> • Use an object as a tool to complete a task • Formulate “why, what, and how” questions 	<ul style="list-style-type: none"> • Formulate “why, what, and how” questions • Use tools in purposeful ways that support discovery 	<ul style="list-style-type: none"> • Use what, why, when, where and how questions appropriately and sequentially • Choose specific tools for tasks



Garden Works – September 2018

If You Plant a Seed By: Kadir Nelson

 Bright Horizons <small>Early Education & Preschool</small>	Toddlers	Young Preschool	Preschool	Kindergarten Prep
Objectives	To discuss and explore the concept of a garden becomes a source of food by planting fruits or vegetable; demonstrate acts of kindness			
Materials	<ul style="list-style-type: none"> • <i>If you Plant a Seed</i> • Soil • Container to plant in • Vegetable seeds to grow from September – October • Paint • White butcher paper 	<ul style="list-style-type: none"> • <i>If you Plant a Seed</i> • Soil • Container to plant in • Vegetable seeds to grow from September – October • Paint • White butcher paper 	<ul style="list-style-type: none"> • <i>If you Plant a Seed</i> • Soil • Container to plant in • Vegetable seeds to grow from September – October • Paint • White butcher paper 	<ul style="list-style-type: none"> • <i>If you Plant a Seed</i> • Soil • Container to plant in • Vegetable seeds to grow from September – October • Paint • White butcher paper
Activities	<ul style="list-style-type: none"> • Read & discuss the book with children • Clean samples of vegetables or fruit in the sensory table. • Plant a vegetable seed of your choice and observe the vegetable growth from September through October. Test Taste what you have grown in the classroom. 	<ul style="list-style-type: none"> • Read & discuss the book with children • Clean samples of vegetables or fruit in the sensory table. • Create a garden in the sensory table (have children plant flowers, plants, etc) • Plant vegetable seeds and observe the growth from September through October. • Test Taste what you have grown in the classroom. 	<ul style="list-style-type: none"> • Read & discuss the book with children • Clean samples of vegetables or fruit in the sensory table. • Create a garden in the sensory table (have children plant flowers, plants, etc) • Go for walks to collect rocks to place in the sensory table. • Plant vegetable seeds and observe the growth from September through October. • Gardening Journal • Create KWL Chart in classroom 	<ul style="list-style-type: none"> • Read & discuss the book with children • Clean samples of vegetables or fruit in the sensory table. • Create a garden in the sensory table (have children plant flowers, plants, etc) • Go for walks to collect rocks to place in the sensory table. • Plant vegetable seeds and observe the growth from September through October. • Gardening Journal • Create KWL Chart in classroom
Children learn to	Use their senses to explore the properties of an object	Explore materials and activities that engage our sense of touch, smell, sounds, and sight.	Explore materials and activities that engage our sense of touch, smell, sounds, and sight.	Expand our spoken vocabulary by learning new words introduced through conversations; plan/problem solve





Culinary Arts

September 2018

Children will do cooking projects in the classroom using Bright Horizons recipe cards or other recipes that connect with projects within the classroom.

Some recipes are not appropriate for all age groups. Some recipes may require substitutions for allergies.

Recipes for the Month:

BH Recipe – Ham & Jack Roll ups

BH Recipe – Quick Pizza



Sign Language – September 2018



CAT

The "9" hand touches the corner of the upper lip, brushing out and away from the face several times, representing the cat's whiskers.



9 hand



DOG

The middle finger snaps against the thumb, as if calling a dog. You can also pat your front thigh several times.



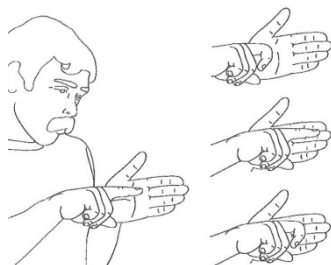
INSECT

The "3" hand is held with the thumb touching the nose. The two fingers wiggle together.



BUTTERFLY

With palms facing down, the thumbs lock together and the hands flap up and down, like butterfly wings.



WORM

The palm of the flat base hand faces to the side. The index finger of the action hand is placed in the palm. The index finger curls and straightens as it moves across the palm like a worm crawling.



TOUCH

The "8" hand taps the back of the flat base hand one or two times.



8 hand

from SIGN with your BABY ~ Dr. Joseph Garcia