## BRIGHT HORIZONS AT WHEATON

Week of: May 27 <sup>th</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul> <li>Whole Grain Waffles</li> <li>Mango</li> <li>Organic Milk</li> </ul>	<ul> <li>Cheerios</li> <li>Peaches</li> <li>Organic Milk</li> </ul>	<ul> <li>English Muffin</li> <li>Soy Nut Butter</li> <li>Oranges</li> <li>Organic Milk</li> </ul>	<ul> <li>Breakfast Pizza W/Sausage, Egg</li> <li>Cantaloupe</li> <li>Organic Milk</li> </ul>	<ul> <li>Blueberry Muffin</li> <li>Banana</li> <li>Organic Milk</li> </ul>
TODDLER MORNING SNACK	<ul> <li>Wheat Crackers</li> <li>Cinnamon Apples</li> <li>Water</li> </ul>	<ul> <li>Nutrigrain Bar</li> <li>Organic Milk</li> </ul>	<ul><li>Yogurt</li><li>Cheerios</li><li>Water</li></ul>	<ul> <li>English Muffin</li> <li>Applesauce</li> <li>Water</li> </ul>	<ul> <li>Scrambled Eggs</li> <li>Whole Wheat Toast</li> <li>Water</li> </ul>
LUNCH	<ul> <li>Mushroom &amp; Swiss Chicken Patty</li> <li>Egg Noodles</li> <li>Greens Beans</li> <li>Orange Slices</li> <li>Organic Milk</li> <li>V: Veggie Patty</li> </ul>	<ul> <li>Turkey Meatball Sandwich</li> <li>Mixed Vegetables</li> <li>Pears</li> <li>Organic Milk</li> <li>V: Soy Crumble</li> <li>Diced Pears</li> </ul>	<ul> <li>Salisbury Steak</li> <li>Rice Pilaf</li> <li>Carrots</li> <li>Banana</li> <li>Organic Milk</li> <li>V: Rice with Cheese Sauce</li> </ul>	<ul> <li>Cheese Ravioli</li> <li>Peas &amp; Carrots</li> <li>Apple Slices</li> <li>Organic Milk</li> <li>Diced Apples</li> </ul>	<ul> <li>Chicken Nuggets</li> <li>Vegetarian Baked Beans</li> <li>Mandarin Oranges</li> <li>Organic Milk</li> </ul>
AFTERNOON SNACK	<ul> <li>Hard Boiled Egg</li> <li>Peaches</li> <li>Water</li> </ul>	<ul> <li>Cheese Cubes</li> <li>Apple Slices</li> </ul>	<ul> <li>Graham Crackers</li> <li>Cream Cheese</li> <li>Water</li> </ul>	<ul> <li>Vanilla Wafers</li> <li>Bananas</li> <li>Water</li> </ul>	<ul> <li>Apple-Cinnamon Fruit Bar</li> <li>Organic Milk</li> </ul>

## We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- I% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style





\* Infant/Toddler Alternative\* Vegetarian Alternative