

# New Ways to Think about Confirmation Preparation

## Innovative Confirmation Preparation Assessment

Reflect upon your program and take this quiz and see how many 'yes' answers you get!

1. Does this program help our youth to answer the question of 'Who am I?' and to see their identity as a child of God? YES/NO
2. Does this program help our youth to feel that they are a vital and values part of the parish community? YES/NO
3. Does this program help our youth to begin figuring out that God has a plan for their lives and for their gifts, talents and callings? YES/NO
4. Does this program help our youth to fully understand what it means to have been gifted with the power of the Holy Spirit at their baptism? YES/NO
5. Do they understand that Confirmation strengthens, fulfills and perfects the grace of their baptism? YES/NO
6. Do our youth know that they do not need to earn the grace of Confirmation? YES/NO
7. Does this program help our youth to fully understand how the gifts of the Holy Spirit can help them in their daily lives? YES/NO
8. Does this program allow our youth to have any agency in their spiritual journey and learning? YES/NO
9. Does this program address the different stages of spiritual growth that my youth experience? (In other words, does it address the needs of pre-evangelized through missionary disciples)? YES/NO
10. Is this program NOT a 'one-size-fits-all' program? YES/No
11. Does this program utilize faith formation in 3 spaces (at home, gathered and virtual)? YES/NO
12. Does this program utilize an intergenerational mindset? Do the young people have opportunities to learn, serve and grow alongside other adults in the parish community? YES/NO
13. Does this program lift up the issues that young people feel passionate about in their lives? YES/NO
14. Does it give space for young people to ask questions and talk about issues that matter to them? YES/NO
15. Do our youth understand that God has a mission for this world (Missio Dei) and that they are an integral part of that mission? Do they feel invited into that mission to be the hands and face of Jesus to the world? YES/NO
16. Does this program highlight the Kerygma (Good News of Jesus)? YES/NO
17. Does this program help the youth to know that an invitation to live their lives for Jesus awaits them and that they have a choice to respond to this invitation? YES/'NO
18. Do they really know what being a disciple of Jesus looks like? YES/NO

## Scoring

As you continue the creative work to reimagine Confirmation preparation, see how you are coming along. Count up how many "yes" answers you have and see where your program stands at this point:

15-18 "YES" .....Awesome job! You have developed a program that will bear much fruit with the youth you serve!

12-14 "YES" .....You're headed in the right direction! Take a bit more time to consider how you can continue to innovate your program to help this sacrament hold as much meaning as possible.

8-11 "YES" .....Continue to pray over the designing of your Confirmation program. Dig deeper to see how changes can be made to increase the meaning of the preparation process.

LESS THAN 8 "YES" .....Ask the Holy Spirit to guide you in rethinking and re-designing how you are readying youth to celebrate Confirmation. Consider working with other leaders throughout the Archdiocese, reading more resources on innovative Confirmation preparation and set up a meeting for consultation with the OEEC who will be happy to collaborate with you!



Kelly Henderschedt  
Archdiocesan Director of Faith Formation  
Office of Education, Evangelization and Catechesis  
[Kelly.Henderschedt@aohct.org](mailto:Kelly.Henderschedt@aohct.org)