

CHALK Preschool of Newport Beach

Ms. Cindy + Ms. Melissa + Ms. Amy

Blue Room

What's Happening This Month?

Hello Blue Room Families! We are so excited for the month of February and all the activities we have planned!

Our first week's theme is Sports/Exercise/Body Parts. Children will be learning all about their bodies and staying healthy while playing sports! We will be using microscopes to look at diagrams of the human body!

The second week of this month will be all about Valentine's Day, children will be making Valentine's Cards to give to their friends at our class party!

The third week we will be learning all about Nutrition and the Food Pyramid. Children will be making healthy plates and learning what components their meals should have.

Lastly, we will be learning about Doctors, Veterinarians, Nurses, Dentists. We will be learning all about our health and even practice brushing our teeth!

Family Fun!

- Go whale watching!
- Make Valentine's Day Cards at Mariners Library on 2/12 from 4-5PM!
- Visit a park and learn a new sport!

Reminders

- CHALK will be closed 2/18 for President's Day!



Star of the Week

2/4 -- Phoenix

2/11 -- Madison

2/18 -- Oscar

2/25 -- Laura

Enrichment

Monday -- Character Trait:
Compassionate

Tuesday -- Dance/Music

Wednesday -- Cooking

Thursday -- Books

Friday -- Acting & Theatre



Miles 2/12

Louise 2/12

Laura 2/26

FEBRUARY 2019

Healthy Hearts