

Medtronic Child Care Center Menu August 26 – 30, 2019

Requirements	Breakfast Select 3 Food Groups Grains/bread Juice/fruit/vegetable Milk/fluid	Morning Snack Select 2 of 4 groups Milk/fluid Juice/fruit/vegetable Grain/bread Meat/meat alternative	Lunch Select 4 Food Groups Meat/meat alternative Vegetable/fruit Grain/bread Milk/fluid Extras	Afternoon Snack Select 2 of 4 groups Milk/fluid Juice/fruit/vegetable Grain/bread Meat/meat alternative
Monday	Life Cereal Applesauce Milk	Whole Wheat Crackers String Cheese Water	Baked Chicken Tender BBQ Sauce Oven Roasted Fries Diced Mango Milk Veg Option Baked Beans	Cucumber Slices Ranch Milk
Tuesday	Turkey Sausage And Cheese Egg Bake Orange Slices Milk	Whole Wheat Bagel Cream Cheese Milk	Baked Salmon Roasted Corn Diced Cantaloupe Milk Veg Option Polenta Cake	Pita Triangles Hummus Water
Wednesday	Kix Cereal Banana Milk	Cottage Cheese Peaches Water	Creamy Root Vegetable Pot Pie Stew Served over Biscuit Steamed Broccoli Diced Pineapple Milk Veg Option Same	Whole Wheat Lemon Poppy Seed Bread Milk
Thursday	Cinnamon Oatmeal Strawberries Milk	Bell Pepper Sticks Spinach Ranch Dip Milk	Turkey Sloppy Jane Whole Wheat Bun Diced Watermelon Roasted Carrots Milk Veg Option Veggie Burger	Greek Yogurt Diced Mango Water
Friday	Rice Chex Banana Milk	Whole Wheat Crackers Sunbutter Dip Water	Creamy Broccoli Cheese Soup Green Beans Peaches Milk Veg Option Same	Spinach Smoothie Graham Crackers Water

Local and Hormone Free Milk and Dairy from Hastings Creamery

All Beef and Turkey Hormone Free

**Denotes item is vegetarian

Water is provided throughout the day

Whole Milk for Children 2 & under *Skim or 2% Milk for Children over 2

Whole wheat item must be provided every day

Prepared by:

