



Jeannette Cathy Children's Center Weekly Menu

Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week:	Monday	Tuesday	Wednesday	Thursday	Friday
12.24.2018	December 24	December 25	December 26	December 27	December 28
Breakfast	Corn Flakes Fresh Bananas	Happy Holidays!	Turkey Sausage & Biscuit w/Apple Butter Fresh Pears	Rice Krispies Frozen Strawberries	Whole Grain Waffles Applesauce
	Allergy: Corn Flakes Fresh Bananas Infants: Fresh Bananas		Allergy: Turkey Sausage Patties Gluten-Free Toast Fresh Pears	Allergy: Corn Cereal Frozen Strawberries	Allergy Gluten-Free Waffles Applesauce
			Infants: Diced Pears	Infants: Frozen Strawberries	Infants: Applesauce
Lunch	Turkey & Cheese Sandwich Garden Green Salad w/Tomatoes Frozen Peaches		Chicken Noodle Soup Spinach & Kale Salad Mixed Berries	Turkey Ham & Cheese Roll Ups Sautéed Green Beans Fresh Bananas	Cheese Pizza Ranch Potato Wedges Fresh Orange Slices
	Allergy: Turkey Sandwich w/Dairy- Free Cheese on Gluten-Free Bread Garden Green Salad Frozen Peaches	Happy Holidays!	Allergy: Chicken Noodle Soup w/Gluten-Free Pasta Spinach & Kale Salad Mixed Berries	Allergy: Turkey Ham & Dairy-Free Cheese on Gluten-Free Bread Sautéed Green Beans Fresh Bananas	Allergy: Dairy & Gluten- Free Cheese Pizza Potatoes Wedges Fresh Oranges
	Infants: Steamed Broccoli Frozen Peaches		Infants: Mixed Berries	Infants: Fresh Bananas	Infants: Mandarin Oranges
P.M. Snack	Cereal Bars Strawberry Applesauce	Happy Holidays!	Fresh Bananas Sun Butter Cups	Cheese Sticks Wheat Crackers	Corn Tortilla Salsa Sauce
	Allergy: Gluten-Free Bars Strawberry Applesauce		Allergy: Fresh Bananas Sun Butter Cups	Allergy: Dairy-Free Cheese Gluten-Free Crackers	Allergy: Corn Tortilla Chips Salsa Sauce
	Infants: Strawberry Applesauce		Infants: Fresh Bananas	Infants: Cheese Slices	Infants: Soft Whole Grain Tortilla Chips

 $\underline{\textbf{Note:}} \ \ \textbf{Whole Milk for Infants \& Toddlers. 1\% Milk for Early Preschool, Preschool, Kindergarten Prep, \& Camp when present.}$

<u>Note:</u> Fruits will be fresh, frozen or packed in fruit juice.

<u>Note:</u> Menu subject to change based on availability.