

Medtronic Child Care Center Menu

April 30 – May 04, 2018

Requirements	Breakfast Select 3 Food Groups Grains/bread Juice/fruit/vegetable Milk/fluid	Morning Snack Select 2 of 4 groups Milk/fluid Juice/fruit/vegetable Grain/bread Meat/meat alternative	Lunch Select 4 Food Groups Meat/meat alternative Vegetable/fruit Grain/bread Milk/fluid Extras	Afternoon Snack Select 2 of 4 groups Milk/fluid Juice/fruit/vegetable Grain/bread Meat/meat alternative
Monday	Special K Diced Pears Milk	Whole Wheat Crackers V8 juice	Chicken & veggies stir fry Lo mein noodles Mandarin oranges Milk	Turkey slices Cheese Water
Tuesday	Biscuit with sausage gravy Diced Honeydew Milk	Mini poppy seed Muffins Milk	Baked Chicken Brown and Wild Rice Zucchini & squash Pineapple Milk	Cucumber Ranch dip Whole Wheat Cracker Water
Wednesday	Kix cereal Apple slices Milk	Greek yogurt Graham crackers Water	Pasta w/ Alfredo Sauce Broccoli Orange slices Milk	Whole Wheat Pita Bread Avocado spread Milk
Thursday	Banana Bread Diced Mango Milk	Ritz crackers Diced Fruit Water	Hamburger Whole Wheat bun Cauliflower Banana Milk	String cheese Apple slices Water
Friday	Life cereal Mandarin Oranges Milk	Pepperoni Cheese slices Water	Broccoli cheese soup w/ Dinner Whole Wheat Roll Steamed Carrots Watermelon Milk	Mini Bagel Cream cheese Pears Water

*Water is provided throughout the day

*Whole Milk for Children 2 & under *Skim or 1% Milk for Children over 2

*Whole wheat item must be provided every day

Prepared by:

