

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal Diced Peaches Milk	Banana Muffin Canned Pears (Applesauce-infants) Vanilla Yogurt Milk	Whole Grain French Toast Fresh Fruit Milk	Cold cereal Mandarin Oranges Milk	Whole Grain Apple Cinnamon Muffin Cottage Cheese Canned Pears Milk
Lunch	Turkey Meatloaf Mixed Vegetables Bananas Slice of Wheat Bread Milk	Cheese Pizza Diced Carrots Pineapple Tidbits Milk	Baked Chicken Corn Applesauce Dinner Roll Milk	Turkey with cheese on Whole Wheat Wrap Cut Green Beans Fresh Fruit Cup Milk	Macaroni and Cheese Stewed Tomatoes Apple Wedges (Applesauce-infants) Milk
Snack	Dole Fruit Cup Milk	Harvest Cheddar Sun Chips Milk	String cheese Milk	Blueberries Milk	Graham Crackers & Raisins Milk

For snack, use age appropriate substitutions as necessary such as cheese, fruit, or leftover scheduled snacks.

On days when cold cereal is served, a variety is served to the children including Kix, Life, and Rice Chex.

Children have the option to choose which they prefer.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cold Cereal Banana Milk	Small Cheese Omelet Biscuit Diced Peaches Milk	1/2 Whole Wheat Bagel Vanilla Yogurt Banana Milk	Whole Grain French Toast Apple Wedges (Applesauce - infants) Milk	Cold cereal Mandarin Oranges Milk
Lunch	Cheese Pizza Diced Carrots Diced Pears Milk	Cheesy Baked Tortellini Cut Green Beans Fresh Fruit Cup Milk	Beef Burger on Whole Wheat Bun Parmesan Potato Wedges Grilled Zucchini Applesauce Milk	Turkey with cheese Wrap Mixed Vegetables Diced Peaches Milk	Potato Crusted Cod Macaroni and Cheese Broccoli Florets Apple Wedges (Applesauce-infants) Milk
Snack	Mandarin Oranges Milk	Harvest Cheddar Sun Chips Milk	Whole Wheat Cheez-Its Milk	Fresh Pears Milk	Tortilla Chips and Salsa Milk

For snack, use age appropriate substitutions as necessary such as cheese, fruit, or leftover scheduled snacks.

On days when cold cereal is served, a variety is served to the children including Kix, Life, and Rice Chex.

Children have the option to choose which they prefer.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Vanilla Yogurt Whole Grain Apple Cinnamon Muffin Fresh Fruit Cup Milk	Cold cereal Banana Milk	Pancakes Applesauce Milk	Egg and Cheese Whole Wheat Wrap Canned Pears Milk	Cold Cereal Apple Wedges (Applesauce-infants) Milk
Lunch	Baked Chicken Breast Pierogis Diced Carrots Apple Wedges (Applesauce- infants) Milk	Ham and Cheese on Wheat Wrap Mixed Vegetables Pineapple Tidbits Milk	Chicken Fingers Mashed Sweet Potatoes Cut Green Beans Mandarin Oranges Slice of Wheat Bread Milk	Whole Wheat Pasta With Meatballs and Marinara Sauce Peas and Carrots Bananas Milk	Fish Sticks Lemon and Parsley Orzo Steamed Zucchini Fresh Fruit Cup Milk
Snack	Canned Peaches Milk	Whole Wheat Golfish Milk	Red Pepper Strips Milk	Saltines & Cheese Cubes Milk	Oranges Milk

For snack, use age appropriate substitutions as necessary such as cheese, fruit, or leftover scheduled snacks.

On days when cold cereal is served, a variety is served to the children including Kix, Life, and Rice Chex.

Children have the option to choose which they prefer.