



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 03.11.2019	Monday March 11	Tuesday March 12	Wednesday March 13	Thursday March 14	Friday March 15
A.M. Snack	Rice Krispies Fresh Apples Allergy: Gluten-Free Rice Krispies Fresh Apples Infants: Applesauce	Creamy Oatmeal Frozen Blueberries Allergy: Gluten-Free Oatmeal Frozen Blueberries Infants: Frozen Blueberries	Sausage and Cheese Croissants Mixed Berries Allergy: Gluten-Free Toast w/Sausage Mixed Berries Infants: Mixed Berries	Whole Grain Pancakes Baked Peaches Allergy: Gluten-Free Pancakes Baked Peaches Infants: Baked Peaches	French Toast Sticks Frozen Strawberries Allergy: Gluten-Free Waffles Frozen Strawberries Infants: Frozen Strawberries
Lunch	Turkey Pepperoni Pizza Steamed Zucchini Fresh Cantaloupe Allergy: Gluten-Free Turkey Pepperoni Pizza Steamed Zucchini Fresh Cantaloupe Infants: Steamed Broccoli Frozen Mango	Lemon Herb Chicken Nuggets Spinach and Tomato Salad Breadsticks Tropical Fruit Allergy: Lemon Herb Chicken Nuggets Spinach and Tomato Salad Gluten-Free Bread Tropical Fruit Infants: Tropical Fruit	Turkey Patty Melts on Buns Steamed Carrots Fresh Honey Dew Allergy: Gluten-Free Turkey Patty Melt Steamed Carrots Fresh Honey Dew Infants: Diced Honey Dew	Chicken Salad Flatbread Sandwiches Steamed Green Beans Fresh Pears Allergy: Chicken Sandwich on Gluten- Free Bread Steamed Green Beans Fresh Pears Infants: Diced Pears	Sloppy Joes Roasted Potatoes Fresh Bananas Allergy: Gluten-Free Sloppy Joes on Bun Roasted Potatoes Fresh Bananas Infants: Fresh Bananas
P.M. Snack	Cheese Toast Fresh Bananas Allergy: Gluten-Free Veggie Chips Fresh Bananas Infants: Fresh Bananas	Vanilla Yogurt Graham Crackers Allergy: Gluten-Free Cereal Bar Mixed Fruit Cup Infants: Graham Crackers	Turkey Ranch Wrap Fresh Apples Allergy: Gluten-Free Turkey Sandwich Fresh Apples Infants: Applesauce	Bean and Veggie Crackers Hummus Allergy: Gluten-Free Rice Crackers Hummus Infants: Wheat Crackers Hummus	Spinach Dip Corn Tortilla Chips Allergy: Mango Salsa Gluten-Free Tortilla Chips Infants: Whole Grain Pitas

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.