

# Infant & Child First Aid & CPR training at *Bright Horizons at Harrison Park*

Tuesday July 16<sup>th</sup>, 2019

6:15pm - 8:15pm

Join us for an Infant & Child CPR training hosted by Tracey Roach, an instructor with the American Red Cross, as well as, an Education Coordinator at Bright Horizons at RCC. This training is free and open to non-enrolled Bright Horizons families.

*How to sign up?*

Spacing is very limited, but there is a waitlist available and we will host this training quarterly.

[Click here](#) to sign up!

Bright Horizons at Harrison Park  
800 Weston Parkway  
Cary, NC 27513  
919-678-1010  
harrisonpark@brighthorizons.com



*What to expect:*

- Participants will practice traditional and hands-only CPR.
- Instructor will focus on what to do when someone is choking.
- Instructor will describe and demonstrate how to treat a variety of injuries.
- Participants will learn how and why to use an AED.
- Universal precautions, bloodborne pathogens, and sudden illnesses will be

