 Week 3

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| **Day** | **Breakfast** | **Lunch** | **Dinner** |
| **Monday** | Whole Grain Cereal  Fruit  Milk | Hamburger on Whole Wheat Bun  Baked French Fries  Baked Beans  Apple Slices | Turkey Sandwich on Wheat  Vegetable  Fruit |
| **Tuesday** | Biscuit with Butter  Fruit  Milk | Baked Ziti  Italian Green Beans  Garlic Breadstick  Diced Pears | Chicken Salad Sandwich  Vegetable  Fruit |
| **Wednesday** | Turkey Sausage Patties  Fruit  Milk | Turkey and Cheese Sandwich on a Croissant  Green Beans  Mandarin Oranges | Tuna Salad Sandwich  Vegetable  Fruit |
| **Thursday** | Blueberry Muffin with butter  Fruit  Milk | Whole Wheat Cheese Pizza  Steamed Corn Kernels  Fruit Cup | Turkey Sandwich on a Roll  Vegetable  Fruit |
| **Friday** | Egg Omelet  Fruit  Milk | Chicken Dumplings  Steamed Mixed Vegetables  Sugar Free Orange Jell-O | Roast Beef on a Roll  Vegetable  Fruit |

**Milk is served at each of these meals**

**Whole Milk to Toddlers, Low-fat for Twos, PS, KP**

**This menu is subject to change without notice due to deliveries and emergencies**

**Alternatives are made for children with allergies or parent preferences**