

BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: July 15 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> Whole Grain Waffles Mango Organic Milk 	<ul style="list-style-type: none"> Cheerios Peaches Organic Milk 	<ul style="list-style-type: none"> English Muffin Soy Nut Butter Oranges Organic Milk 	<ul style="list-style-type: none"> Breakfast Pizza W/Sausage, Egg Cantaloupe Organic Milk 	<ul style="list-style-type: none"> Blueberry Muffin Banana Organic Milk
TODDLER MORNING SNACK	<ul style="list-style-type: none"> Wheat Crackers Cinnamon Apples Water 	<ul style="list-style-type: none"> Nutrigrain Bar Organic Milk 	<ul style="list-style-type: none"> Yogurt Cheerios Water 	<ul style="list-style-type: none"> English Muffin Applesauce Water 	<ul style="list-style-type: none"> Scrambled Eggs Whole Wheat Toast Water
LUNCH	<ul style="list-style-type: none"> Mushroom & Swiss Chicken Patty Egg Noodles Greens Beans Orange Slices Organic Milk V: Veggie Patty 	<ul style="list-style-type: none"> Turkey Meatball Sandwich Mixed Vegetables Pears Organic Milk V: Soy Crumble Diced Pears 	<ul style="list-style-type: none"> Salisbury Steak Rice Pilaf Carrots Banana Organic Milk V: Rice with Cheese Sauce 	<ul style="list-style-type: none"> Cheese Ravioli Peas & Carrots Apple Slices Organic Milk Diced Apples 	<ul style="list-style-type: none"> Chicken Nuggets Vegetarian Baked Beans Mandarin Oranges Organic Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> Hard Boiled Egg Peaches Water 	<ul style="list-style-type: none"> Cheese Cubes Apple Slices 	<ul style="list-style-type: none"> Graham Crackers Cream Cheese Water 	<ul style="list-style-type: none"> Vanilla Wafers Bananas Water 	<ul style="list-style-type: none"> Apple-Cinnamon Fruit Bar Organic Milk

* Infant/Toddler Alternative

* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

