Understanding the Wind & Heart of Boys A Project Enlightenment Workshop

Bright Horizons at Harrison Park invites you to join Dr. John Panepinto, who holds a Doctorate in Clinical Psychology and a Masters in Counseling for his <u>Understanding the Mind & Heart of Boys</u> session.

Monday July 8th, 2019 12:00 pm- 2:00 pm

Learn more about:

- Emotional Literacy
- Externalize EQ
- Creating and honoring rituals
- Making your feelings known
- Listening more than you ask.



RSVP for the workshop <u>here!</u>

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