

## Lunch – June, 2018

Fresh fruits include but are not limited to: apples,, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.	Visit us at  www.goodfoodco.com  Age appropriate milk must be served with lunch	~This menu is designed for children age 12+ months		6/1 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit
6/4 Chicken & tarragon w/whole wheat rotini Southwest salad Fresh fruit	6/5 Turkey meatloaf Mashed sweet potatoes Wheat bread/butter Fresh fruit	6/6 Dirty rice with beef, vegetables,quinoa and farrow Apple cole slaw Fresh fruit	6/7 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit	6/8 *Lasagna Tossed salad Fresh fruit
6/11 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit	6/12 Chicken chili Broccoli & cheese salad Whole wheat bread/butter Fresh fruit	6/13 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	6/14 Hamburger slider Bean medley Roll Fresh fruit	6/15 BBQ chicken leg California blend vegetables Whole wheat bread/butter Fresh fruit
6/18 Turkey sloppy joe Corn & edamame Roll Fresh fruit	6/19 *Cheese melt Tomato alphabet soup Fresh fruit	6/20 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	6/21 Teriyaki chicken Oriental vegetables Wheat bread/butter Fresh fruit	6/22 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
6/25 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit	6/26 *Pizza Garden salad Fresh fruit	6/27 Chicken nuggets Potato soup Wheat bread/butter Fresh fruit	6/28 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit	6/29 *Beans & Rice Tossed salad Tortilla Fresh fruit

<sup>\*</sup>Vegetarian meal