



# August 2022 Menu



<p><u>1</u> <b>Breakfast</b> Turkey Sausage French Toast</p> <p><u>Lunch</u> Grilled Chicken Mashed Potatoes Broccoli Oranges</p> <p><u>Snack</u> Cinnamon Pita Bread w/ Apples</p>	<p><u>2</u> <b>Breakfast</b> Toast w/ Fruity Cream Cheese</p> <p><u>Lunch</u> Grilled Cheese Roll Up Baked Carrots Honeydew Melon</p> <p><u>Snack</u> Bake Zucchini w/Marinara &amp; Cheese</p>	<p><u>3</u> <b>Breakfast</b> Cream of Wheat w/ Blueberries</p> <p><u>Lunch</u> Turkey Gravy w/ Rice String Beans Peaches</p> <p><u>Snack</u> Yogurt w/ Bananas</p>	<p><u>4</u> <b>Breakfast</b> Yogurt w/ Cinnamon Apples</p> <p><u>Lunch</u> Chicken Alfredo Mixed Vegetables Dinner Roll Strawberries</p> <p><u>Snack</u> Soft Pretzel Bites w/ Pears</p>	<p><u>5</u> <b>Breakfast</b> Waffle w/ Apple Butter Apricot</p> <p><u>Lunch</u> Cheeseburger French Fries Cantaloupe</p> <p><u>Snack</u> Apple Slices w/ Sun Butter</p>
<p><u>8</u> <b>Breakfast</b> Cornflakes Peaches</p> <p><u>Lunch</u> Tomato Soup Tortellini Applesauce</p> <p><u>Snack</u> Crackers w/ Spinach Dip</p>	<p><u>9</u> <b>Breakfast</b> Pancake w/ Strawberry Yogurt</p> <p><u>Lunch</u> Meatball w/ Gravy Mac "n" Cheese Peas &amp; Carrot Watermelon</p> <p><u>Snack</u> Cucumber Halves w/ Dip</p>	<p><u>10</u> <b>Breakfast</b> Sausage &amp; Egg Cheese Slider Banana</p> <p><u>Lunch</u> Baked Ziti Corn Tropical Fruit</p> <p><u>Snack</u> Pita Bread w/ Marinara Sauce</p>	<p><u>11</u> <b>Breakfast</b> Bagel w/ Cream Cheese Blueberries</p> <p><u>Lunch</u> Vegetable Pizza Carrots Mango</p> <p><u>Snack</u> Graham Crackers Applesauce</p>	<p><u>12</u> <b>Breakfast</b> Turkey Sausage Breakfast Potato</p> <p><u>Lunch</u> Chicken Cheese Sub Mixed Fruit</p> <p><u>Snack</u> Wheat Crackers Orange Slices</p>
<p><u>15</u> <b>Breakfast</b> Turkey Bacon English Muffin</p> <p><u>Lunch</u> Black Bean &amp; Corn Quesadilla Peaches</p> <p><u>Snack</u> Mixed Yogurt w/ Granola</p>	<p><u>16</u> <b>Breakfast</b> Pancake Mango Yogurt</p> <p><u>Lunch</u> Squash Ravioli Sweet Peas Blueberries</p> <p><u>Snack</u> Vanilla Wafers Oranges</p>	<p><u>17</u> <b>Breakfast</b> Biscuit &amp; Gravy Strawberries</p> <p><u>Lunch</u> Turkey Meatloaf Mashed Potatoes Apples</p> <p><u>Snack</u> Crackers &amp; Cheese Sticks</p>	<p><u>18</u> <b>Breakfast</b> Blueberry Muffin Mandarin Oranges</p> <p><u>Lunch</u> Chicken Fajita Black Beans &amp; Corn Watermelon</p> <p><u>Snack</u> Cinnamon Roll Applesauce</p>	<p><u>19</u> <b>Breakfast</b> Veggie Sausage Potato w/ Gravy</p> <p><u>Lunch</u> Vegetarian Lasagna Pineapple</p> <p><u>Snack</u> Cheese Crackers w/ Mixed Fruit</p>
<p><u>22</u> <b>Breakfast</b> Rice Krispies Bananas</p> <p><u>Lunch</u> Chicken w/ Cream Sauce Mixed Vegetables Dinner Roll</p> <p><u>Snack</u> Soft Pretzel Bites Pears</p>	<p><u>23</u> <b>Breakfast</b> Turkey Bacon Toast w/ Cheese Peaches</p> <p><u>Lunch</u> Turkey Meatball w/ Gravy Mashed Potatoes Corn</p> <p><u>Snack</u> Cheese Crackers w/ Watermelon</p>	<p><u>24</u> <b>Breakfast</b> Pancake Mixed Yogurt</p> <p><u>Lunch</u> Cheese Ravioli Squash Strawberries &amp; Melon</p> <p><u>Snack</u> Pita Bread w/ Spinach Dip</p>	<p><u>25</u> <b>Breakfast</b> Cheese Grits Veggie Sausage Strawberries</p> <p><u>Lunch</u> Chicken Spaghetti Roasted Corn Apples</p> <p><u>Snack</u> Apple Butter Sandwich</p>	<p><u>26</u> <b>Breakfast</b> Avocado Toast Tropical Fruit</p> <p><u>Lunch</u> Roasted Turkey Rice w/ Gravy Black Beans</p> <p><u>Snack</u> Cantaloupe w/ Cottage Cheese</p>
<p><u>29</u> <b>Breakfast</b> Pancakes Mango Yogurt</p> <p><u>Lunch</u> Chicken Nuggets Roasted Potatoes Pears</p> <p><u>Snack</u> Tomato Halves and Cucumbers w/Ranch Dip</p>	<p><u>30</u> <b>Breakfast</b> Turkey Sausage Peaches</p> <p><u>Lunch</u> Sweet and Sour Chicken Broccoli Pineapples</p> <p><u>Snack</u> Cinnamon Baked Apples Yogurt</p>	<p><u>31</u> <b>Breakfast</b> English Muffin Blueberries</p> <p><u>Lunch</u> Tortellini w/ Alfredo Sauce Baked Carrots Apricot</p> <p><u>Snack</u> Crackers &amp; String Cheese</p>	<p>LAA serves hormone free whole milk to children 2 and younger and hormone free 1% Milk to children over 2 years of age. Milk is served at am snack and lunch &amp; water is served for pm snack.</p> <p>Meatless alternatives are served daily.</p> <p>Morning Breakfast Snack is served until 8:45 am daily.</p>	