

Young Explorers at United Therapeutics

Menu for Week of:

January 21-25

Day	Morning Snack	Lunch	Afternoon Snack
Monday	Center Closed		
Tuesday	Cornflakes Applesauce Milk	Breaded fish filets [ketchup] Brown rice* Peas Sliced peaches Milk	String cheese Tangerines
Wednesday	Kix Milk	Bean & cheese tacos* Lettuce/tomato (broccoli) Apple wedges (bananas) Milk	Graham crackers Yogurt
Thursday	Applesauce muffin squares* Sliced pears Milk	Spaghetti* w/cheese & tomatoes French bread* Green salad w/carrots [ranch] (cabbage) Milk	Animal crackers Bananas
Friday	Bagels* (mini bagels) w/ sunflower butter Pears Milk	Baked chicken drumsticks Whole wheat breadsticks* Lima beans Mandarin oranges Milk	Egg salad Crackers



- Meal service provided by the CCSA
- Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old.
- Substitutions provided for age group restrictions as well as medical needs/documentated family preferences
- *Designates Whole Grain Rich

Parents: This menu is subject to change without notice due to deliveries and emergencies.
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