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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **28** | **29** | **30** | **31** | **1****Breakfast:** **Egg & Cheese Muffins** **w/ Fresh Apple** **Lunch:****Baked Chicken** **Herb Rice Pilaf****Green Beans****Dinner Rolls****w/ Honeydew Melon****PM Snack:****Fruit Bar****w/ Vanilla Yogurt** |
| **4****Breakfast:****Corn flakes****w/ Blue berries****Lunch:****Cheese Ravioli****Asparagus Tips****w/Peaches****PM Snack:****Sunflower Butter****w/ Banana** | **5****Breakfast:****Warm Peach Muffin** **w/ Applesauce****Lunch:****Vegetable****Chicken Pot Pie,** **w/ Fresh Oranges****PM Snack:****Wheat Crackers****w/ String Cheese** | **6****Breakfast:****Cream of Wheat****w/ Peaches****Lunch:****Meat Loaf** **Mash Potatoes,** **Lima Beans** **w/ Pear Halves****PM Snack:****Cottage Cheese****w/peaches** | **7****Breakfast:****Oatmeal****w/ Strawberries****Lunch:****Tri Colored Cheese Tortellini w/ Kale Pesto, Roasted Zucchini** **w/ Sliced Apples****PM Snack:****Granola****w/ Vanilla Yogurt** | **8****Breakfast:****Bagels w/Strawberry Cream Cheese** **& Bananas****Lunch:****Baked Fish** **Orzo Pasta****Peas & Carrots** **w/ Pineapples Tidbits****PM Snack:****Oranges w/****Vanilla Wafers** |
| **11****Breakfast:****Rice Crispies** **w/ Bananas****Lunch:****BBQ Chicken****Vegetarian Baked Beans****Yellow Squash****Dinner Roll** **w/ Tropical Fruit****PM Snack:****Trail mix****w/ Apricot Halves** | **12****Breakfast:****Cheesy Grits** **Turkey Sausage****w/ Fresh Melon****Lunch:****Turkey Burgers****w/Fries****Carrots****w/ Fresh Oranges****PM Snack:****Graham Crackers****w/ Apple Sauce** | **13****Breakfast:****Canadian Bacon &****Cheese Muffin****w/ Strawberries****Lunch:** **Chicken Spaghetti**  **Green Beans****w/ Fruit Medley** **PM Snack:****Fresh Pears****w/ Yogurt** | **14****Breakfast:****Pancake & Sausage****w/ Peach Yogurt** **Lunch:****Meat Lovers Pizza** **Steamed Zucchini** **w/ Diced Mangos****PM Snack:****Guacamole****w/ Wheat Crackers** | **15****Breakfast:****Cheese Toast****Turkey Sausage****w/ Fresh Apples****Lunch:****Sloppy Joes****Roasted corn****& Peppers****w/ Fresh Oranges****PM Snack:****Bread Sticks****w/ Marinara** |
| **18****Breakfast:****Cheerios****w/ Bananas****Lunch:****Chicken Sliders****Vegetable Blend** **w/ Pineapple Tidbits****PM Snack:****Graham Crackers****w/ Cream Cheese** | **19****Breakfast:****Homestyle Biscuits w/****Canadian Bacon** **w/ Diced Mangos****Lunch:****Roasted Vegetable Quesadilla,** **Mexican Corn & Red Beans****w/ Tropical Fruit****PM Snack:****Vanilla Wafers****w/ Fresh Oranges** | **20****Breakfast:****Cream of Wheat****w/Mixed Berries****Lunch:****Herb Breaded Fish Fillets****Peas & Carrots Pasta Salad****w/ Peaches****PM Snack:****Flour Tortilla Triangles** **w/ Salsa** | **21****Breakfast:****English Muffins****w/ Strawberry Compote****Lunch:****Chili with Beans****Corn Muffins****w/ Pears****PM Snack:****String Cheese****w/ Wheat Crackers** | **22****Breakfast:****French Toast****w/ Honeydew Melon****Lunch:****Chicken Lasagna****Asparagus Tips****w/ Fresh Apples****PM Snack:****Sunflower Butter Sandwiches w/** **Mixed Fruit** |
| **25****Breakfast:****Rice Chex****w/ Bananas****Lunch:****Turkey Meatballs Subs****Sweet Potato Fries****w/ Melons****PM Snack:****Vanilla Wafers****w/ Yogurt** | **26****Breakfast:****Apple Cinnamon Muffins****w/ Mandarin Oranges****Lunch:****Cheese Ravioli****& Meat Sauce****Steamed Broccoli** **w/ Peaches****PM Snack:****Bananas****w/ Sunflower Butter** | **27****Breakfast:****Turkey Bacon Egg****and Cheese****Bagels w/ Pears****Lunch:** **Turkey Stroganoff** **Glazed Carrots****w/ Pineapples****PM Snack:****Cheese Crackers****w/ Mixed Fruit** | **28****Breakfast:****Oatmeal****w/ Strawberries****Lunch:****Roasted Chicken** **Broccoli Casserole****w/ Tropical Fruit****PM Snack:****Banana Muffin****w/ Yogurt** | **29****Breakfast:****Corn Flakes****w/ Blueberries****Lunch:****Scalloped Potatoes** **w/ Ground Turkey** **Green Beans****w/ Mangos****PM Snacks****Wheat Crackers****w/ Cheese sticks** |

 **LAA serves whole milk to children less than two years of age and 1% milk to children over two years of age.**

**Milk is served at AM snack and lunch. Water is served at PM snack**

Little Apron Academy ~ March 2019 Menu