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| **MONDAY** | | **TUESDAY** | | **WEDNESDAY** | | **THURSDAY** | | **FRIDAY** | |
| **28** | | **29** | | **30** | | **31** | | **1**  **Breakfast:**  **Egg & Cheese Muffins**  **w/ Fresh Apple**  **Lunch:**  **Baked Chicken**  **Herb Rice Pilaf**  **Green Beans**  **Dinner Rolls**  **w/ Honeydew Melon**  **PM Snack:**  **Fruit Bar**  **w/ Vanilla Yogurt** | |
| **4**  **Breakfast:**  **Corn flakes**  **w/ Blue berries**  **Lunch:**  **Cheese Ravioli**  **Asparagus Tips**  **w/Peaches**  **PM Snack:**  **Sunflower Butter**  **w/ Banana** | | **5**  **Breakfast:**  **Warm Peach Muffin**  **w/ Applesauce**  **Lunch:**  **Vegetable**  **Chicken Pot Pie,**  **w/ Fresh Oranges**  **PM Snack:**  **Wheat Crackers**  **w/ String Cheese** | | **6**  **Breakfast:**  **Cream of Wheat**  **w/ Peaches**  **Lunch:**  **Meat Loaf**  **Mash Potatoes,**  **Lima Beans**  **w/ Pear Halves**  **PM Snack:**  **Cottage Cheese**  **w/peaches** | | **7**  **Breakfast:**  **Oatmeal**  **w/ Strawberries**  **Lunch:**  **Tri Colored Cheese Tortellini w/ Kale Pesto, Roasted Zucchini**  **w/ Sliced Apples**  **PM Snack:**  **Granola**  **w/ Vanilla Yogurt** | | **8**  **Breakfast:**  **Bagels w/Strawberry Cream Cheese**  **& Bananas**  **Lunch:**  **Baked Fish**  **Orzo Pasta**  **Peas & Carrots**  **w/ Pineapples Tidbits**  **PM Snack:**  **Oranges w/**  **Vanilla Wafers** | |
| **11**  **Breakfast:**  **Rice Crispies**  **w/ Bananas**  **Lunch:**  **BBQ Chicken**  **Vegetarian Baked Beans**  **Yellow Squash**  **Dinner Roll**  **w/ Tropical Fruit**  **PM Snack:**  **Trail mix**  **w/ Apricot Halves** | | **12**  **Breakfast:**  **Cheesy Grits**  **Turkey Sausage**  **w/ Fresh Melon**  **Lunch:**  **Turkey Burgers**  **w/Fries**  **Carrots**  **w/ Fresh Oranges**  **PM Snack:**  **Graham Crackers**  **w/ Apple Sauce** | | **13**  **Breakfast:**  **Canadian Bacon &**  **Cheese Muffin**  **w/ Strawberries**    **Lunch:**  **Chicken Spaghetti**  **Green Beans**  **w/ Fruit Medley**  **PM Snack:**  **Fresh Pears**  **w/ Yogurt** | | **14**  **Breakfast:**  **Pancake & Sausage**  **w/ Peach Yogurt**  **Lunch:**  **Meat Lovers Pizza**  **Steamed Zucchini**  **w/ Diced Mangos**  **PM Snack:**  **Guacamole**  **w/ Wheat Crackers** | | **15**  **Breakfast:**  **Cheese Toast**  **Turkey Sausage**  **w/ Fresh Apples**  **Lunch:**  **Sloppy Joes**  **Roasted corn**  **& Peppers**  **w/ Fresh Oranges**  **PM Snack:**  **Bread Sticks**  **w/ Marinara** | |
| **18**  **Breakfast:**  **Cheerios**  **w/ Bananas**  **Lunch:**  **Chicken Sliders**  **Vegetable Blend**  **w/ Pineapple Tidbits**  **PM Snack:**  **Graham Crackers**  **w/ Cream Cheese** | | **19**  **Breakfast:**  **Homestyle Biscuits w/**  **Canadian Bacon**  **w/ Diced Mangos**  **Lunch:**  **Roasted Vegetable Quesadilla,**  **Mexican Corn & Red Beans**  **w/ Tropical Fruit**  **PM Snack:**  **Vanilla Wafers**  **w/ Fresh Oranges** | | **20**  **Breakfast:**  **Cream of Wheat**  **w/Mixed Berries**  **Lunch:**  **Herb Breaded Fish Fillets**  **Peas & Carrots Pasta Salad**  **w/ Peaches**  **PM Snack:**  **Flour Tortilla Triangles**  **w/ Salsa** | | **21**  **Breakfast:**  **English Muffins**  **w/ Strawberry Compote**  **Lunch:**  **Chili with Beans**  **Corn Muffins**  **w/ Pears**  **PM Snack:**  **String Cheese**  **w/ Wheat Crackers** | | **22**  **Breakfast:**  **French Toast**  **w/ Honeydew Melon**  **Lunch:**  **Chicken Lasagna**  **Asparagus Tips**  **w/ Fresh Apples**  **PM Snack:**  **Sunflower Butter Sandwiches w/**  **Mixed Fruit** | |
| **25**  **Breakfast:**  **Rice Chex**  **w/ Bananas**  **Lunch:**  **Turkey Meatballs Subs**  **Sweet Potato Fries**  **w/ Melons**    **PM Snack:**  **Vanilla Wafers**  **w/ Yogurt** | | **26**  **Breakfast:**  **Apple Cinnamon Muffins**  **w/ Mandarin Oranges**  **Lunch:**  **Cheese Ravioli**  **& Meat Sauce**  **Steamed Broccoli**  **w/ Peaches**  **PM Snack:**  **Bananas**  **w/ Sunflower Butter** | | **27**  **Breakfast:**  **Turkey Bacon Egg**  **and Cheese**  **Bagels w/ Pears**  **Lunch:**  **Turkey Stroganoff**  **Glazed Carrots**  **w/ Pineapples**  **PM Snack:**  **Cheese Crackers**  **w/ Mixed Fruit** | | **28**  **Breakfast:**  **Oatmeal**  **w/ Strawberries**  **Lunch:**  **Roasted Chicken**  **Broccoli Casserole**  **w/ Tropical Fruit**  **PM Snack:**  **Banana Muffin**  **w/ Yogurt** | | **29**  **Breakfast:**  **Corn Flakes**  **w/ Blueberries**  **Lunch:**  **Scalloped Potatoes**  **w/ Ground Turkey**  **Green Beans**  **w/ Mangos**  **PM Snacks**  **Wheat Crackers**  **w/ Cheese sticks** | |

**LAA serves whole milk to children less than two years of age and 1% milk to children over two years of age.**

**Milk is served at AM snack and lunch. Water is served at PM snack**

Little Apron Academy ~ March 2019 Menu