

Fall/Winter Menu – Week 4

January 22nd – 26th 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	<i>Life Cereal</i> <i>Turkey Sausage</i> <i>Mixed Berries</i> <i>Organic Milk</i>	Pancakes Applesauce Organic Milk	<i>Egg Patty</i> <i>Raisin Cinnamon Toast</i> <i>Peaches</i> <i>Organic Milk</i>	Apple Cinnamon Muffin Bananas Organic Milk	Turkey Sausage Frittata V-Cheese Frittata Toast Strawberries Organic Milk
Lunch	Vegetable Mediterranean Soup Dinner Roll Mandarin Oranges Organic Milk	Meatball Stroganoff V- Tofu Stroganoff Egg Noodles Carrots Honey Dew Melon Organic Milk	Tofu Fried Rice w/ Vegetables Cantaloupe Organic Milk	Chicken Alfredo Pasta V- Tofu Alfredo Pasta Broccoli Apricots Organic Milk	Meatloaf V- Veggie Patty Roasted Potatoes Raspberries Organic Milk
Afternoon Snack	Oyster Crackers Cantaloupe Organic Milk	Strawberry Yogurt Bananas Water	Zucchini Bread Organic Milk	Vanilla Yogurt Cheerios Water	Cheddar Rice Cakes Organic Milk
Late Afternoon Snack	Fruit Snack Bar Pears Water	Soft Pretzel Sliced Apples Water	Graham Crackers Applesauce Water	Carrots & Broccoli Hummus Water	Sliced Apples Sting Cheese Water

*Whole Milk is served to children 12 – 24 months

*Low Fat Milk is served to children 24 months to 5 years.

V- Vegetarian Option

