TRE® SPECIALTY TRAININGS

WORKING WITH DIVERSIFIED BODIES AND ISSUES

Join one or all of these
Hybrid TRE® Specialty Trainings

EACH EVENT WILL INCLUDE:

- TRE® Foundations
- Reading the Body
- Following the Body
- Working with the Bodies Release
- Interventions: Non-Touch vs. Touch Modifications
- Safe Progressive Private & Group Classes
- Integration – The Whole Person experience
- TRE® In Person vs. TRE® Online
- And much more!

PRICING

Each Event: $525

Early Bird: $475 (See date in each event registration link)

Manual included. Event 1 Recommended before Event 2 or Event 3.
Each event will be videoed and included in the price.

Event Times:

Friday: 12pm - 1:30pm EST
Saturday & Sunday: 9am - 5:30pm EST

OCT. 7 - OCT. 9, 2022

Specialty Topics: Working with Spinal Issues, Back Pain and Elderly Clients

5040 BASS CHAPEL ROAD
GREENSBORO, NORTH CAROLINA 27455

CLICK TO REGISTER - IN PERSON

CLICK TO REGISTER - ONLINE

FEB. 10 - FEB. 12, 2023

Specialty Topics: Working with Auto-Immune, Chronic Pain, Cancer and Amputees

5040 BASS CHAPEL ROAD
GREENSBORO, NORTH CAROLINA 27455

CLICK TO REGISTER - IN PERSON

CLICK TO REGISTER - ONLINE

MAY 19 - MAY 21, 2023

Specialty Topics: Working with Athletes, 1st Responders and Military

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GREENSBORO, NORTH CAROLINA 27455

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CLICK TO REGISTER - ONLINE

CEU's: Continuing Education Units

YACEP – Approved
NCBTMB – Approved

Proficiency Hours: Total 60

TRE® Theory: 6
Science Foundations: 12
Techniques, Training, Practice: 32
Skills Proficiency: 6
Lifestyle & Ethics: 4

DONNA PHILLIPS

TRE® Global Certification Trainer, Exercise Physiologist, Certified Yoga Therapist C-IAYT, E-RYT500, Pilates Teacher

MEET DONNA

CANCELLATION POLICY

WHAT TO BRING OR HAVE IF YOU ARE ONLINE