

# September 2019 Menu

<sup>8</sup> Week of 09/02/19 – 09/06/19	AM Snack	Lunch	PM Snack
<b>Monday</b>	<b>Closed for Labor Day</b>		
<b>Tuesday</b>	Bagels with Cream Cheese Milk	Turkey Ham on Wheat Mixed Veggies Pears Milk	Applesauce with Whole-Grain Cinnamon Crackers Water
<b>Wednesday</b>	½ Banana Orange Slices Milk	Sloppy Joes Baked Beans Mixed Fruit Milk	Tortillas with Sun Butter or Cream Cheese Water
<b>Thursday</b>	Pumpkin Bread Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Peas and Carrots Milk	Oatmeal Squares Milk
<b>Friday</b>	Cereal Milk	Spaghetti with Meat Sauce Green Beans Corn Milk	Cracker Stackers (Crackers, cheese, and Sliced Meat) Water

<sup>1</sup> Week of 09/09/19 – 09/13/19	AM Snack	Lunch	PM Snack
<b>Monday</b>	Oyster Crackers Cheese Slices Milk	Macaroni and Cheese Peas Beets Milk	Chex Mix Milk
<b>Tuesday</b>	Zucchini Bread Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Tortilla Chips or Ritz Crackers with Salsa Milk
<b>Wednesday</b>	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
<b>Thursday</b>	Toast Milk	Bean and Cheese Burritos Corn Peaches Milk	Graham Crackers Milk
<b>Friday</b>	Cereal Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Pita Bread with Ranch Dressing Carrot Sticks Water

# September 2019 Menu

<b>2 Week of</b> 09/16/19 – 09/20/19	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
<b>Tuesday</b>	Cereal Milk	Tuna on Wheat Bread Celery and Cucumbers Apple Slices Milk	Bananas Milk
<b>Wednesday</b>	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
<b>Thursday</b>	Cinnamon Biscuits Milk	Pancakes with Sausage Mixed Berries Apple Slices Milk	Applesauce Cake Milk
<b>Friday</b>	Oatmeal Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Cheese Nips and Wheat Thins Milk

<b>3 Week of</b> 09/23/19 – 09/27/19	<b>AM Snack</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>Monday</b>	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
<b>Tuesday</b>	Cereal Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
<b>Wednesday</b>	Oatmeal Apple Slices Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Pita Bread with Cream Cheese and Celery Sticks Water
<b>Thursday</b>	Diced Cantaloupe with Strawberries Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Chex Mix Milk
<b>Friday</b>	Cinnamon Raisin Bagel With Cream Cheese Milk	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk