

BRIGHT HORIZONS AT OAK HILL

What's on the Menu?



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST SNACK Centerwide: 8:30 - 9:00 a.m.	<ul style="list-style-type: none"> ▪ Cheese Omelet ▪ Orange Slices ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ English Muffin with Jelly ▪ English Muffin with Sausage ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Cereal ▪ Banana ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Bagel with Cream Cheese ▪ Cheerios ▪ Mangos ▪ Organic milk 	<ul style="list-style-type: none"> ▪ Blueberry Muffin ▪ Mandarin Oranges ▪ Organic milk
LUNCH Centerwide: 11:30-12:00 p.m.	<ul style="list-style-type: none"> ▪ Tortellini Salad ▪ Chicken Tortellini ▪ Broccoli ▪ Pineapple Slices ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Mozzarella Macaroni Salad ▪ Carrots ▪ Peaches ▪ Organic milk 	<ul style="list-style-type: none"> ▪ Cheese Wrap ▪ Whole Wheat Bread ▪ Turkey & Cheese Wrap ▪ Peas & Carrot Mix ▪ Fresh Cantaloupe ▪ Organic milk 	<ul style="list-style-type: none"> ▪ Grilled Cheese Sandwich ▪ Tomato Soup ▪ Mandarin Oranges ▪ Organic milk 	<ul style="list-style-type: none"> ▪ Cheesy Pasta Bake ▪ Pasta Bake ▪ Green Beans ▪ Pears ▪ Organic milk
AFTERNOON SNACK Centerwide: 2:30-3:00 p.m.	<ul style="list-style-type: none"> ▪ Cheerios ▪ Trail Mix ▪ Water 	<ul style="list-style-type: none"> ▪ Cheerios ▪ Cheese Stick ▪ Crackers ▪ Water 	<ul style="list-style-type: none"> ▪ Soft Bread Stick ▪ Marinara Sauce ▪ Water 	<ul style="list-style-type: none"> ▪ Graham Crackers ▪ Yogurt ▪ Water 	<ul style="list-style-type: none"> ▪ Cheerios ▪ Cucumbers with Ranch ▪ Cheddar Crackers ▪ Water
EVENING SNACK Centerwide: 5:00 p.m.	<ul style="list-style-type: none"> ▪ Crackers ▪ Water 	<ul style="list-style-type: none"> ▪ Crackers ▪ Water 	<ul style="list-style-type: none"> ▪ Crackers ▪ Water 	<ul style="list-style-type: none"> ▪ Crackers ▪ Water 	<ul style="list-style-type: none"> ▪ Crackers ▪ Water

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Organic whole milk served to infants and toddlers
- Organic 1% milk served to young preschool, preschool, and kindergarten prep
- All meals included in the tuition
- All meals served family style

V: Vegetarian Alternative

I: Infant/Toddler Alternative

