

March 2020

Bright Horizons at Spotswood
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Monday	Tuesday	Wednesday	Thursday	Friday
2 Cornflakes with Milk Graham Crackers	3 Whole Grain Cereal Bars (M) Pita Chips and Guacamole	4 Bagels (E) with Cream Cheese Cheese and Crackers	5 Cornbread (E, M) Soft Pretzels	6 Strawberry Yogurt Parfaits Apple Cinnamon Rice Cakes
9 French Toast (M, E) Cheddar Crackers (M)	10 Whole Grain Cereal Bars (M) Apples and Sunbutter	11 Whole Grain Waffles (M, E) Veggies and Ranch Dip	12 Biscuits (E) with Jelly Applesauce Cups	13 Cinnamon Raisin Bread with Butter Ranch Crackers (M)
16 Apple Cinnamon Muffins (E, M) Pita Chips and Salsa	17 Cheerios with Green Milk Shamrock Yogurt	18 Cinnamon Raisin Bread with Butter Cheddar Crackers (M)	19 Life Cereal with Milk Fresh Clementine	20 Whole Grain Pancakes (E) Cheese and Crackers
23 Assorted Breakfast Apple Cinnamon Rice Cakes	24 Strawberry Yogurt Parfaits Trail Mix	25 Blueberry Muffins (M, E) Fruit Cup	26 French Toast (M, E) Yogurt and Bananas	27 Whole Grain Cereal Bars (M) Animal Crackers (M)
30 Cornbread (E, M) String Cheese	31 Biscuits (E) with Jelly Trail Mix	*Menu subject to change due to availability of food order*		Item Contains E= Egg M= Milk