 Week 1

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| **Day** | **Breakfast** | **Lunch** | **Dinner** |
| **Monday** | Whole Grain Cereal  Fruit  Milk | Pasta with Meat Sauce  Salad w/Ranch dressing  Green Beans  Diced Peaches | Tuna Sandwich on Wheat  Vegetable  Fruit |
| **Tuesday** | Biscuit with Butter  Fruit  Milk | Sliced Turkey  Mashed Potatoes w/gravy  Green Peas  Dinner Roll  Mixed Melon | Turkey Sandwich on Wheat  Vegetable  Fruit |
| **Wednesday** | Turkey/Vege Sausage Patties/Links  Fruit  Milk | Swedish Meatballs  White Rice w/ beef gravy  Green Beans  Applesauce | Ham/Cheese Sandwich on White  Vegetable  Fruit |
| **Thursday** | Blueberry Muffin with butter  Fruit  Milk | Baked Chicken Nuggets  Baked Thin Cut French Fries  Italian Green Beans  Fruit Cup | Turkey Sandwich on White  Vegetable  Fruit |
| **Friday** | Egg Omelet  Fruit  Milk | Whole Wheat Pepperoni Pizza  Steamed Zucchini  Diced Pears | Bologna and Cheese Wrap  Vegetable  Fruit |

**Milk is served at each of these meals**

**Whole Milk to Toddlers, Low-fat for Twos, PS, KP**

**This menu is subject to change without notice due to deliveries and emergencies**

**Alternatives are made for children with allergies or parent preferences**