


# BRIGHT HORIZONS AT LISLE

## What's on the Menu?



| Week of 11/19/18       | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|------------------------|---|---|---|---|--|
| <b>BREAKFAST</b>       | <ul style="list-style-type: none"> <li>Crispex</li> <li>Apples</li> <li>Organic Milk</li> </ul>                               | <ul style="list-style-type: none"> <li>Blueberry Muffins</li> <li>Bananas</li> <li>Organic Milk</li> </ul>  | <ul style="list-style-type: none"> <li>Whole Wheat Bagels</li> <li>Cream Cheese</li> <li>Apples</li> <li>Organic Milk</li> </ul>            |    | <ul style="list-style-type: none"> <li>Cheerios</li> <li>Pears</li> <li>Organic Milk</li> </ul>  |
| <b>MORNING SNACK</b>   | <ul style="list-style-type: none"> <li>Fresh Fruit Pizza</li> <li>Water</li> </ul>  | <ul style="list-style-type: none"> <li>Crackers</li> <li>Apples</li> <li>Water</li> </ul>   | <ul style="list-style-type: none"> <li>Blueberry Nutrigrain Bar</li> <li>Cucumber Slices</li> <li>Water</li> </ul>                          |   | <ul style="list-style-type: none"> <li>Trail Mix</li> <li>Bananas</li> <li>Water</li> </ul>  |
| <b>LUNCH</b>           | <ul style="list-style-type: none"> <li>Cheeseburger Pie</li> <li>Steamed Peas</li> <li>Pears</li> <li>Organic Milk</li> </ul> | <b>FAMILY FEAST!</b> <ul style="list-style-type: none"> <li>Roasted Turkey</li> <li>Mashed Potatoes</li> <li>Stuffing &amp; Cornbread</li> <li>Sweet Potatoes</li> <li>Steamed Green Beans</li> <li>Cranberry Sauce</li> <li>Oranges</li> <li>Organic Milk</li> </ul> | <ul style="list-style-type: none"> <li>Homemade Mac and Cheese</li> <li>Steamed Cauliflower</li> <li>Pears</li> <li>Organic Milk</li> </ul> | <p><b>Happy Thanksgiving!</b><br/><b>SCHOOL CLOSED</b></p>  | <ul style="list-style-type: none"> <li>Whole Grain Cheese Pizza</li> <li>Steamed Carrots</li> <li>Oranges</li> <li>Organic Milk</li> </ul> |
| <b>AFTERNOON SNACK</b> | <ul style="list-style-type: none"> <li>Graham Crackers</li> <li>Oranges</li> <li>Water</li> </ul>                             | <ul style="list-style-type: none"> <li>String Cheese</li> <li>Pears</li> <li>Water</li> </ul>   | <ul style="list-style-type: none"> <li>Fresh Carrots</li> <li>Ranch Dip</li> <li>Water</li> </ul>   |   | <ul style="list-style-type: none"> <li>Wheat Crackers</li> <li>Apples</li> <li>Water</li> </ul>  |
| <b>TAKE HOME SNACK</b> | <ul style="list-style-type: none"> <li>Bananas</li> </ul>   | <ul style="list-style-type: none"> <li>Nutrigrain Bar</li> </ul>  | <ul style="list-style-type: none"> <li>Keebler Wheat Crackers</li> </ul>  |   | <ul style="list-style-type: none"> <li>Graham Crackers</li> </ul>  |

### We Serve Healthy Meals

- Vegetarian alternatives available
- Whole milk served to infants and toddlers
- 1% milk served to Twos, Preschool, and Kindergarten pre
- All meals included in the tuition
- All meals served family style

