

BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: Jan. 14 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> Pancake Turkey Sausage Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Oatmeal Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Yogurt Granola Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Nutrigrain Bar Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Corn Muffin Fresh Fruit Organic Milk
TODDLER MORNING SNACK	<ul style="list-style-type: none"> Nutrigrain Bar Organic Milk 	<ul style="list-style-type: none"> Cottage Cheese Fresh Fruit 	<ul style="list-style-type: none"> Pancake Turkey Sausage 	<ul style="list-style-type: none"> Yogurt Turkey Sausage 	<ul style="list-style-type: none"> Cheese Cubes Wheat Crackers
LUNCH	<ul style="list-style-type: none"> Chicken Parmesan Egg Noodles Broccoli Fresh Fruit Organic Milk V: Egg Noodles with Spaghetti Sauce 	<ul style="list-style-type: none"> Sweet & Sour Chicken Basmati Rice Peas and Carrots Fresh Fruit Organic Milk V: Basmati Rice with Sweet & Sour Sauce 	<ul style="list-style-type: none"> Vegetarian Chili Cornbread Muffin Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Salisbury Steak Gravy Seasoned Rice Mixed Vegetables Fresh Fruit Organic Milk V: Veggie Patty 	<ul style="list-style-type: none"> Whole Wheat Pizza Green Beans Fresh Fruit Organic Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> String Cheese Wheat Crackers 	<ul style="list-style-type: none"> Carrot Sticks Ranch Dressing I/T: Diced Cucumber 	<ul style="list-style-type: none"> Cheese Cubes Fresh Fruit I/T: Sliced Cheese 	<ul style="list-style-type: none"> Homemade Blueberry Snack Cake Fresh Fruit 	<ul style="list-style-type: none"> Graham Crackers Cream Cheese

* Infant/Toddler Alternative

* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

