

Citizen Sprout

		Wed, Jan 1	Thur, Jan 2	Fri, Jan 3
		CS CLOSED	CS CLOSED	CS CLOSED
Mon, Jan 6	Tues, Jan 7	Wed, Jan 8	Thur, Jan 9	Fri, Jan 10
Pepperoni Pizza Grilled Cheese — Sides — Orange Slices Peas and Carrots	Pasta Marinara — Sides — Fruit Salad Cheesy Garlic Bread	Teriyaki Chicken Meatball Bowl — Sides — Stir Fry Veggies Lo Mein	Potato Cheese Tacos — Sides — Corn Muffin Black Beans	Three Cheese Pizza — Sides — Carrot Sticks w/ ranch Potato Salad
Mon, Jan 13	Tues, Jan 14	Wed, Jan 15	Thur, Jan 16	Fri, Jan 17
Cheeseburger Sliders w/ Ketchup — Sides — Fruit Salad Apple Cinnamon Muffin	Baked Ziti — Sides — Parmesan Broccoli Cheesy Breadsticks	Veggie Fried Rice — With — Orange Slices Wonton Chips	Bean, Rice & Cheese Burrito — Sides — Buttered Corn Pineapple Slices	Big Pig in a Blanket — With — Graham Crackers Potato Wedges w/ Ketchup
Mon, Jan 20	Tues, Jan 21	Wed, Jan 22	Thur, Jan 23	Fri, Jan 24
NO SCHOOL	Pasta w/ Meatballs — With — Fruit salad Garlic Bread	Chicken Chow Mein — With — Orange Slices Cheese Crackers	Beef & Cheese Taquitos — With — Black Beans Cilantro Rice	Cheese Bagel Pizza — With — Peas & Carrots Fruit Salad
Mon, Jan 27	Tues, Jan 28	Wed, Jan 29	Thur, Jan 30	Fri, Jan 31
Pancakes w/ maple syrup — With — Breakfast Potatoes Chicken Sausage	Baked Mac + Cheese — With — Blueberry Muffins Roasted Broccoli	Orange Chicken Meatball Bowl — With — Stir Fry Veggies White Rice	Cheese Enchiladas — With — Orange Slices Spanish Rice	Meat Lovers Pizza — With — Carrot Sticks w/ Ranch Yogurt Pretzel Mix

KID APPROVED CLASSICS

available everyday for choosy kids

Cheese Pizza — Sides — Carrots w/ Ranch Yogurt Pretzel Mix	Cheese Quesadilla OR Bean + Cheese Burrito — Sides — Orange Slices Fruit Oat Bar	Baked. Chicken Nuggets — Sides — Sweet Potato Wedges Peas & Carrots	Buttered Noodles Sub marinara \$.50 — Sides — Cheesy Garlic Bread Peas + Carrots	Macaroni + Cheese — Sides — Peas + Carrots Apple Slices
Sunbutter + Jam — Sides — Apples + Cheddar Carrots w/ Ranch	Apple, Cheddar Turkey Sandwich — Sides — Orange Slices Cheese Crackers	Grilled Cheese — Sides — Orange Slices Granola Bar	Caesar Salad Add grilled chicken \$2	

SEASONAL SPECIALS

available in one size only

Chicken Bacon Pesto Panini \$9	Meat + Cheese Plate \$10	Roasted Cauliflower Salad \$13	Meatball Sub Melt \$9
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SNACKS + DRINKS

Organic Milk \$1.50 Housemade Chocolate Milk \$2.25 Sparkling Water \$2.00 Housemade Lemonade 8oz / 16 oz \$3.00 / \$6.00 Blueberry Banana Smoothie 8oz / 16oz \$3.25 / \$6.50 Strawberry Banana Smoothie 8oz / 16oz \$3.25 / \$6.50	Veggies + Hummus \$3.25 Pita Chips + Hummus \$3.50 Carrot Sticks with Ranch \$3.50 Fruit Oat Bar \$3.50 Yogurt Pretzel Mix \$3.50 Fruit Cup \$3.50
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