

Aug 2021 Menu - Updated 6.7.21						

AUGUST



**FRUITS & VEG
IN SEASON IN
AUGUST:**

Apricots,
 Bananas,
 Beets, Bell
 Peppers,
 Blackberries,
 Blueberries,
 Cantaloupe,
 Cherries,
 Corn,
 Cucumbers,
 Eggplant,
 Garlic,
 Grapefruits,
 Grapes,
 Green
 Beans,
 Honeydew
 Melon,
 Kiwifruit,
 Lima Beans,
 Mushrooms,
 Nectarine,
 Peaches,
 Peas, Plums,
 Radishes,
 Raspberries,
 Strawberries
 , Summer
 Squash and
 Zucchini,
 Tomatillos,



PEACH MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Important Notes
2	3	4	5	6	
Chicken Pasta Alfredo	Cheese Quesadillas	Brown Rice Stir Fry with Chicken	Cheese Ravioli with Tomato Basil Marinara	Turkey Sliders	Green squares indicate daily vegetarian entrée.
Pasta Alfredo	Cheese Quesadillas	Veg Brown Rice Stir Fry with Tofu	Cheese Ravioli with Tomato Basil Marinara	Veggie Sliders	
Peas Mango Milk	Spinach with Ranch Pineapple Milk	Bok Choy Cantaloupe Milk	Cauliflower Honeydew Milk	Yellow Squash with Ranch Applesauce Milk	
9	10	11	12	13	Our produce is >75% locally sourced
Mac & Cheese with Chicken	Turkey Burger Patty	Whole Grain Strawberry Pancakes	Beef Sloppy Joe on Bun	Cheese Pizza	
Mac & Cheese with Veggie Meatballs	Veggie Patty	Whole Grain Strawberry Pancakes with Veggie Patty	Veggie Sloppy Joe	Cheese Pizza	
Green Beans Mango Milk	Rice Pilaf Carrots Honeydew Milk	Turkey Sausage Cucumber Applesauce Milk	Whole Wheat Thin Yellow Squash Cantaloupe Milk	Spinach with Ranch Pineapple Milk	Toddlers will be served whole milk 2's and above will be served 1% milk
16	17	18	19	20	
Turkey Chili Mac & Cheese	Veggie Meatballs with Vegetarian Gravy	Turkey Slider	Grilled Cheese Sandwich	Beef Lasagna	Soy milk is available upon request
Veggie Crumble Mac & Cheese	Veggie Meatballs with Vegetarian Gravy	Veggie Patty on Hawaiian Slider	Grilled Cheese Sandwich	Veggie Lasagna	
Green Beans Mango Milk	Mashed Sweet Potatoes Broccoli Cantaloupe Milk				
23	24	25	26	27	*In the event you determine that your child(ren) is or may be allergic to any menu item, please notify Bright Horizons immediately, both via phone and in writing, at South House x76793 #2. Parents are responsible for providing alternative menu items for their child(ren).
Cheese Quesadilla	Baked Ziti Pasta	Whole Grain Waffles with Strawberry Sauce and Turkey Sausage	Mini Meatloaf	Cheese Pizza	
Cheese Quesadilla	Baked Ziti Pasta	Whole Grain Waffles w/Strawberry Sauce & Veggie Patty	Veggie Sliders on Bun	Cheese Pizza	
Broccoli Applesauce Milk	Green Beans Cran Apple Sauce Milk	Cauliflower Honeydew Milk	Roasted Potatoes Carrots Applesauce Milk	Cucumber with Ranch Dip Pineapple Milk	
30	31	1	2	3	
Cheese Tortellini with Rosa Crema Sauce	Roasted Chicken with Gravy	Vegetarian Bean Chili	Chicken Pasta Alfredo	Grilled Cheese Sandwich	
Cheese Tortellini with Rosa Crema Sauce	Veggie Meatballs with Veggie Gravy	Vegetarian Bean Chili	Pasta Alfredo	Grilled Cheese Sandwich	
	Roasted Potatoes				
Green Beans Cantaloupe Milk	Zucchini Pineapple Milk	Cucumber with Ranch Cran Apple Sauce Milk	Zucchini Mango Milk	Tomato Soup Honeydew Milk	

Menu is subject to change without notice based on food availability.

* This menu satisfies the USDA Child Care Food Program guidelines. Please review this menu carefully and determine whether your child(ren) may be allergic to any menu item ("Allergen"). If you believe your child(ren) may be allergic to any item on this menu, or if you would like additional information regarding the ingredients of any menu item, please contact the Camp Amgen front office x71634. Upon your request, you will receive a complete list of ingredients for each menu item requested.