at Raleigh Corporate Center

Picture Day Triang e Treek Day

October 2019



BRIGHT HORIZONS AT

RALEIGH CORPORATE CENTER

From the Director

- Fair Traffic: Please be aware that the State Fair will be running October 17th through the 27th. Traffic will be very challenging. Please plan extra time in your afternoon commute and/or find alternative routes as we still need to be able to close the center at 6pm. In year's past, I-40 seems to be the best route to get in and out.
- · Pajama Day Thursday, October 31st We would like to discourage families from sending children to school dressed in costumes for Halloween. While we would love to see how cute everyone looks in their costume (so please share your photos), many costumes pose safety hazards (tripping, and choking). Costumes are not made to hold up for 9 hours of playtime, and we would hate for an expensive (or a priceless handmade costume) to be ruined before the big night. Some costumes may cause young children to be afraid, and are not conducive to the regular routine in a classroom (imagine how pottying would work with a full-bodied Spiderman costume - vikes!). To give the children an opportunity to wear something different for the day, we will hold Pajama Day on Thursday, October 31st. Help your child pick out their favorite pair of pajamas to sport that day!
- Allergies in the Center: A few members of our parent group have asked me to remind you that we are a *Peanut Sensitive center* due to the number of children with severe allergies we have. Because *MANY* of the candies out there are made in factories where peanuts may be, please refrain from bringing candy to share with friends on Halloween. Thank you for helping to keep everyone safe on this season.

Important Dates Curriculum Night

- Toddlers Oct. 1
- Early Preschool Oct. 3
- Infants Oct. 8

Picture Day - Oct. 25

Reasons to Celebrate

Lindsay - Oct. 1 Caroline BDay - Oct. 5 Juliana BDay - Oct. 6 Debra BDay - Oct. 9 Alisha BDay - Oct. 12 Anita 10 Yrs - Oct. 12 Peggy 5 Yrs - Oct. 14

A Great Place for a Childhood

YOU'RE INVITED! Curriculum Night

Infant, toddler, preschool, and kindergarten prep families are all welcome.

Join us Tuesday & Thursday

Toddlers Early Preschool Infants October, 1, 2019 5:30 _{p.m.} – 7:00 p.m. October, 3, 2019 5:30 p.m. – 7:00 p.m. October, 8, 2019 5:30 p.m. – 7:00 p.m.

Come see what **Bright Horizons**[®] at Raleigh Corporate Center has in store for your child this year!

- Learn about World at Their Fingertips[®] and how it works with each age group to build on individual strengths and talents.
- Meet and talk with our engaging educators and see just how passionate they are about teaching.
- Explore activities your children will get to participate in on-site.
- See our emergent curriculum and how it uses your child's own interests to inspire learning.

See you there!

Bright Horizons at Raleigh Corporate Center 800 Corporate Center Drive / Raleigh, NC 27607 | 919.852.0509 rcc@brighthorizons.com | brighthorizons.com/rcc Like us on Facebook: facebook.com/BHatRCC © 2019 Bright Horizons Family Solutions LLC











Reading with your child may be one of the most meaningful and memorable ways to spend time imagining and learning together at home. Growing Readers emphasizes the importance of reading aloud to children and cultivating a love of



No time to visit your local library? No problem...

Choosing a book from our library helps you:

- Select great books for your child, at each age and stage,
- Strengthen your child's • educational development,
- Introduce and discuss themes, explore new concepts or guide your child through life's experiences.

areat books.









SAVE THE DATE Triangle Truck Day Saturday November 2nd, 2019 10:30 am -12:30 pm 800 WESTON PARKWAY CARY, NC

Bright Horizons Triangle Truck Day is coming soon! Our Truck Day will raise funds for Bright Horizons Foundation for Children. On November 2nd from 10:30am-12:30pm, we will gather at Bright Horizons at Harrison Park

to join forces and make a difference in the lives of children in crisis. Triangle Truck Day will host various trucks and modes of transportation for children of all ages to explore.

There will also be professional face painting, food trucks, kid activities, vendors, raffles and more! Stop by the front desk for more details.

We hope you'll join us!

READ FOR THE RECORD

November 7, 2019

Each year, Jumpstart selects a campaign book that fosters language and socialemotional development, honors the diversity in our world, has a strong narrative, and appeals to young children. That book is read across the country and around the world by adults and young readers on Read for the Record day.



Thank You, Omu! tells the story of a generous elderly woman who makes a fantastic pot of thick red stew.

Contact the front desk if you would like to participate as a reader.

Center Highlights





Center Highlights

















Center Highlights



Soccer Shots' new season began Sept. 13th To learn more or enroll for Soccer Shots at RCC visit,

SOCCERSHOTS.ORG/RDU



Social-Emotional Learning: The Foundation for All Other Learning

At **Bright Horizons**[®], we know that social-emotional development is the foundation for all other learning. When children are valued, protected, and nurtured, they feel safe to learn and grow. That's why we place such an emphasis on building trust, creating strong relationships, and teaching social-emotional skills.

Our Approach to Social-Emotional Development

From the beginning, Bright Horizons has prioritized social-emotional well-being. Jim Greenman, former SVP of Education and Development and nationally recognized education expert, coined the phrase prime times, to refer to the simple, everyday moments in a home or classroom that build trusting relationships, e.g., talking to children over a meal or reading together at the end of the day. Prime times are a foundational part of the Bright Horizons approach.

Teachers also receive ongoing training on a variety of topics related to social-emotional development, such as how to:

- Create a peaceful, yet engaging, classroom environment that encourages children's curiosity and independence
- Observe, understand, and support children's social-emotional development. Children gain social skills in a predictable sequence, just as they learn other skills like walking or talking
- Understand child development and have appropriate expectations for young children, patiently helping them to the next step. Teachers, for example, can help preschoolers learn to ask for a turn or identify their feelings
- Offer positive guidance when children are struggling with big emotions. Children need a calm, empathetic response and clear, consistent limits

In other words, we believe that social-emotional growth is as important as every other area of a child's development. We work with a variety of organizations, including the National Association for the Education of Children (NAEYC), the Center on the Social-Emotional Foundations for Early Learning at Vanderbilt University, and the Devereaux Institute to continually fine tune and improve our understanding of social-emotional development.

It matters to us that children are happy, that they feel valued, and that they're learning the skills they need to develop strong, trusting relationships with friends and adults. This is one way we keep our promise to nurture and care for the whole child and create joyful places for childhood.

This content was brought to you by the Education and Development team, a group of passionate, experienced educators committed to providing high-quality, research-informed materials for teachers and children at Bright Horizons.

BRIGHT HORIZONS NEWS



Growing Readers Review Now Online!

The Growing Readers program at Bright Horizon is a resource designed to help parents find great literature, share the joy of reading, cultivate an appreciation for books, and foster early literacy skills with your child. Starting with the latest issue, the quarterly Growing Readers Review is now online!

This issue features Bright Horizons Book of Excellence Award winner, *Julián is a Mermaid*. This book shares a beautiful message of individuality and inclusion. For more about this book and the rest of this issue's book selections, visit brighthorizons.com/growingreaders.

Featured Family Webinar

The New School Readiness

brighthorizons.com/bhwebinaroct2019

It's back-to-school season! Are you thinking about your child's educational success and looking for ways to support the journey? Watch our webinar on-demand to go beyond the traditional concept of school readiness and learn about the "6Cs" — essential skills for learning that will stay with your child through adulthood.

Rachel Robertson, education and development vice president at Bright Horizons, and author and early childhood researcher Kathy Hirsh-Pasek, Ph.D. take you through interactive exercises to explore each of the "6Cs" and reflect on how to work with your child to boost development.



Cooking with Children - Two Year Olds

The cooking activities your child will be able to help with will depend on their age. Two-year-olds are learning to use the large muscles in their arms. Try activities such as:

- Scrubbing vegetables and fruits
- Carrying unbreakable items to the table
- Dipping foods
- Washing and tearing lettuce and salad greens
- Breaking bread into pieces
- Pouring and stirring ingredients



Bright Horizons at Raleigh Corporate Center

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