

# The Seven Gifts of the Holy Spirit Explained



**The Gift of Wisdom** is our ability to value spiritual things over worldly ones. It enables us to desire the things of God and correctly order the things in our life. This gift helps us view the world through God's perspective and the light of our faith. It instills a desire to contemplate the things of God.



**The Gift of Understanding** helps us grasp the truths of the faith more easily and profoundly. Our human intellect cannot grasp all of God's mysteries, but through the gift of understanding we can be led to truth, even when we do not fully comprehend. This gift strengthens our insight through prayer, scripture, and the sacraments.



**The Gift of Right Judgment/Counsel** acknowledges the difference between right and wrong and bestows proper judgment. A person with right judgment avoids sin and leads a life for Christ. Counsel inspires us to speak up and encourage others to do the correct thing. It bestows upon us prudence, allowing us to act promptly and rightly in the face of difficult situations.



**The Gift of Courage** sustains our decision to follow the will of God in any situation. It allows us to stand up and defend our faith, even when threatened by bodily injury or death. This gift allows us to be steadfast in our decisions to do well and to endure evil even when we do not want to.



**The Gift of Knowledge** is awareness of God's plan. It is not simply an accumulation of facts, but rather an understanding of God's purpose and how we ought to respond. Knowledge helps bring to light the temptations that we face, and to discern whether to give in or live a life worthy of God's approval.



**The Gift of Piety** or reverence is our obedience to God and our willingness to serve him. It is not just obedience through a sense of duty or obligation, but rather obedience out of love and devotion. It facilitates a deeper respect and honor for God and His Church.



**The Gift of Wonder and Awe** makes us aware of the glory and majesty of God. This gift is also synonymous with the "Fear of the Lord", in which we dread sin and fear offending God. We fear displeasing God and losing our connection with him because of our love for Him. Wonder and awe increases our desire to draw closer to God and depart from sin.