

From the Director

Happy September Westwood families! We are so happy to be jumping into week 4 of our re-opening! Things have been running so smoothly, and it is thanks to our wonderful teachers and staff, and of course, our families and kiddos!

We spent the last 3 weeks exploring our new surroundings. Most children were in a new classroom with new activities, but everyone transitioned so smoothly! We met our new Health and Safety friend, Olly Pop (she is hanging out on our welcome wall near the front entrance). She has been guiding us through the best hand washing techniques, and how to cover our nose and mouth when we sneeze or cough!

We are so excited for all the extra outdoor time too! Each classroom spends 1 hour in the morning and 30 minutes in the afternoon exploring our playground and enjoying the outdoors! Woohoo!

Finally, we hope everyone is enjoying our new My Bright Day app! If you have not had a chance to download the app, please do! This is a great way to see how your little one is spending their day, and you get pictures too! You can also leave notes for your kiddos' teachers in the morning, and they can leave notes for you too, such as "we are running low on diapers."

If you have any questions about anything please reach out to me at <u>Nicole.art@brighthorizons.com</u>. We hope you continue to enjoy your experience with us at The Academy!

Thank you,

Nicole Art

Follow us on Facebook: @TheAcademyatWestwood

The Academy at Westwood, A Bright Horizons Preschool

Important Dates/Reminders

School is **CLOSED**- Monday, September 7, in observance of Labor Day.

Grandparents Day is September 13.

Autumn begins September 22.

Wear Your Mask Parents/Guardians MUST wear a mask for pick-up/drop-off.

Pick up is by 5:00 PM A \$5/minute late fee will be applied for any pick-ups after 5:00 PM.

****Tuition is DUE on the 25**^{th**} Please make sure to set up your online account

Reasons to Celebrate

September 1: Happy Birthday Ms. Kristen September 1: Happy Birthday Ms. Krystal 5 Year Anniversary: Ms. Cindy 2 Year Anniversary: Ms. Viviana

Health & Safety at Bright Horizons

Our enhanced COVID-19 protocols ensure health and safety practices in every center align with the CDC and state and local municipalities. Learn more about what we are doing to keep children, families, and staff safe.

brighthorizons.com/child-health-safety



Blue Room

The kiddos LOVED building different types of tall towers with their blocks and magnet tiles. It was fun to watch their excitement as the tower grew taller than they could reach!

The first week of September, the children in Blue Room will be exploring cause and effect with cars and ramps, discussing community helpers (with a special focus on those that wear masks), and practicing mindfulness with some fun breathing activities. They will also explore different ways to color and draw—at the easel, lying on their tummies, or sitting at the table! So fun!



Yellow Room

Experiments were a highlight in the Yellow Room this past month! They loved watching what the vinegar eyedroppers did to the baking soda and how the colors came together!

Coming up in September, they will spend some time learning about the HEART principles—Honesty, Excellence, Accountability, Respect & Teamwork, and they will also practice some mindfulness with different books about yoga. The Yellow Room will spend time getting to know one another's families too. Together the class will create a family quilt, therefore children are encouraged to bring in 1 or 2 pictures of their family to use in the project.

BRIGHT HORIZONS NEWS

How to Seek Out and Celebrate Diversity In and Out of Your Community

We talk about diversity, but many Americans still live in primarily homogeneous communities. Is it possible to foster inclusiveness in situations that are not as diverse?

Even if you don't live in a diverse area, there are still ways you can ensure that you and your family remain socially aware. Here are five ideas for seeking out and celebrating diversity in and out of your community.



Learn More

The Family Room Blog, a Bright Horizons Community

Real Families and real conversations from a group of colleagues and friends who love sharing parenting tips, advice and telling tales of our own challenges – the ordinary and not-so-ordinary moments in the journey of working parenthood.

Visit the Blog

Bring the World at Their Fingertips curriculum home!

Bright Horizons partnered with some of our favorite vendors to bring you a variety of materials and kits that help bring the *World at Their Fingertips*[®] curriculum to your home. These materials have been educator approved and align with many of our World at Home activities. Choose from art materials, to books bundles, to STEM kits, and more. All shipped directly to your home.

Click here to browse the kits.

The Academy at Westwood

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