

The Child Development Center at Bristol-Myers Squibb; Week Six

M=Milk/Dairy
F=Fruit
G=Grain
P=Protein (sub.)
V=Vegetable



2018

sodexo
QUALITY OF LIFE SERVICES

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Rice Chex Cereal served with Mandarin Oranges and Milk	French Toast with Veggie Sausage, Diced Pears and Milk	Pumpkin Muffins served with Diced Peaches and Milk	Vanilla Yogurt and Homemade Granola with Fresh Pineapple and Milk	Whole Wheat English Muffins, Turkey Sausage, Diced Apples and Milk
	G, F, M	G,M, F	G, M, F	G, F, M	G,P,M, F
Lunch	Chicken Whole Wheat Quesadillas served with Refried Beans, Steamed Fresh Broccoli and Milk	Cheese and Potato Pierogies with Green Beans, Unsweetened Applesauce and Milk	Chicken Nuggets with BBQ Sauce, Steamed Baby Carrots, Steamed Peas and Milk	Salisbury Steak and Gravy with Brown Rice & Barley Pilaf, Fresh Roasted Zucchini and Milk	Veggie Pizza with Fresh Garden Salad of Cucumbers and Tomatoes, Creamy Italian Dressing and Milk
	G, 2M, 2V, P	G, P, M, V, F	P,G, M, 2V	P, G, M, V	P, G, M, V
Vegetarian Option	Cheese and Veggie Crumble Whole Wheat Quesadilla with Refried Beans Steamed Fresh Broccoli and Milk		Veggie Nuggets with Steamed Baby Carrots, Steamed Peas and Milk	Cheddar Omelet with Brown Rice & Barley Pilaf and Fresh Roasted Zucchini and Milk	
	M,P,G,2V		P,G,2V,M	P,M,V	
Snack	Fresh Diced Honeydew with Cream of Wheat Bars and Water	Strawberry Yogurt with Sliced Fresh Bananas and Water	Fig Newtons with Cinnamon Unsweetened Applesauce and Water	Diced Fresh Cantaloupe with Whole Wheat Pita Triangles and Water	Fresh Fruit Salad with Graham Crackers and Water
	F, G	F, P	F, G	F, G	F, G

