BRIGHT HORIZONS AT LISLE

What's on the Menu?

Week of 04/22/19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Rice KrispiesApplesOrganic Milk	Mini Cheese OmeletsApplesOrganic Milk	 Warm English Muffin Homemade Jam Peaches Organic Milk 	 Homemade Strawberry Banana Muffins Bananas Organic Milk 	CrispexBananasOrganic Milk
MORNING SNACK	Corn MuffinCucumber SlicesWater	Trail MixBananasWater	Apple Cinnamon NutrgrainPearsWater	French Toast SticksApplesWater	 Fresh Fruit Salsa Homemade Baked Tortilla Chips Water
LUNCH	 Parmesan Chicken Steamed Green Beans Cantaloupe Organic Milk 	 Beef Goulash with Peas and Carrots Steamed Cauliflower Pears Organic Milk 	 Homemade Mac and Cheese Steamed Peas Oranges Organic Milk 	 BBQ Turkey Meatloaf Mashed Potatoes Steamed Carrots Pears Organic Milk 	 Beef Stir Fry with Fresh Vegetables Steamed Brown Rice Pears Organic Milk
AFTERNOON SNACK	Ants on LogWater	String CheeseOrangesWater	Whole Grain Vanilla WafersBananasWater	Veggie StrawsOrangesWater	Homemade Peach BreadCucumber SlicesWater
TAKE HOME SNACK	Graham Crackers	Nutrigrain Bar	Oyster Crackers	String Cheese	■ Wheat Crackers

We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style



