BH October 2022 LUNCH MENU

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| 3 Turkey Cheese CrossanwichPickled Veggie Crudites  Fruit Fresh, Salad or Cup  |  4Ravioli Meat Sauce Savory Mixed VeggiesFruit in Season/Juice | 5Roast Turkey gravyMashed PotatoesFruit Fresh, Salad or Cup | 6Mac n CheeseItalian Green BeansFruit in Season/Juice | 7Cheese PizzaGreen Bean CasseroleFruit Fresh, Salad or Cup |
|  10Mini Turkey Corn Dogs Veggie Chop Cole SlawFruit Fresh, Salad or Cup |  11 Beef Cheese Soft Taco Queso Rice Fruit Fresh, Sa ad or Cup | 12Turkey Cheese CrossanwichPickled Veggie Crudites  Fruit Fresh, Salad or Cup  | 13 Ravioli Meat Sauce with RollItalian Green BeansFruit in Season/Juice | 14 Cheese PizzaPower Garden Salad Fruit Fresh, Salad or Cup |
| 17Roast TurkeyGravy RollMashed PotatoesFruit Fresh, Salad or Cup | 18Queso Chicken Rice Casserole SW Garden Salad Fruit Fresh, Salad or Cu | 19 Chicken Salad with Crackers Pickled Veggie Crudites  Fresh Fruit/Cup/Salad  | 20Chicken Alfredo w Pasta Broccoli Carrots Fruit in Season/Juice | 21Cheese PizzaGarden Veggie Power SaladFruit Fresh, Salad or Cup |
| 24Chicken Nuggets RollPotato SaladFresh Fruit, Juice or Cup | 25Beef Cheese Soft TacoChips SalsaFruit Fresh, Salad or Cup | 26Turkey Cheese CrossanwichSliderChopped Veggie Slaw Fruit Fresh, Salad or Cup  | 27Mac n CheeseItalian Green BeansFruit in Season/Juice | 28Cheese PizzaPower Garden SaladFruit Fresh, Salad or Cup |
| 31Hamburger Bun Vegetarian Baked Beans Fruit Fresh, Salad or Cup |  |   |  |  |